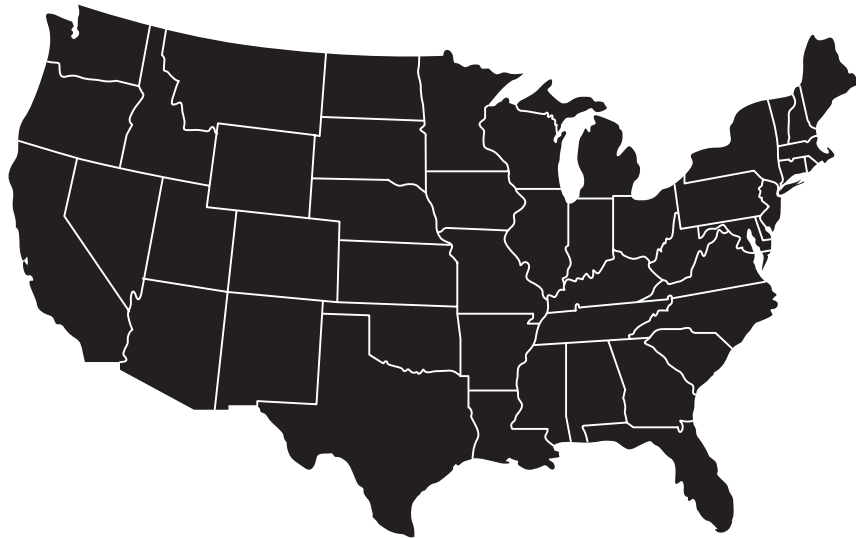


**PENNSYLVANIA 4-H**  
**INTERSTATE**  
**EXCHANGE**  
**PROJECT**



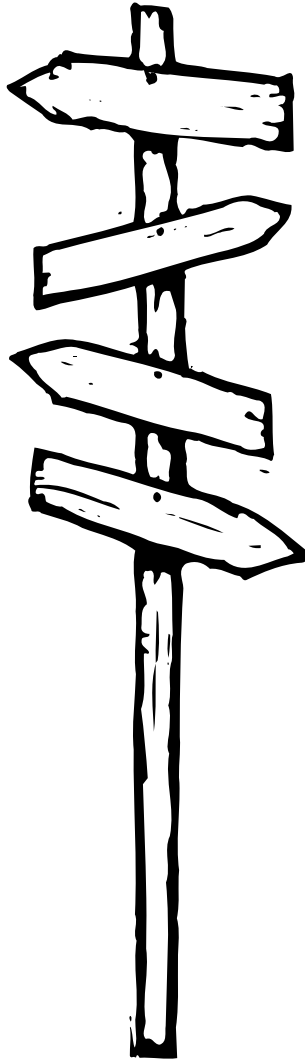
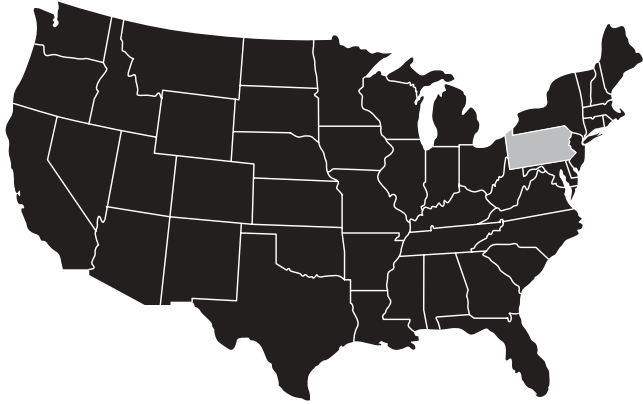
PENNSSTATE



College of Agricultural Sciences  
Cooperative Extension

# CONTENTS

<b>Introduction</b> .....	<b>3</b>
<b>Part I</b> .....	<b>4</b>
Objectives .....	4
Life Skills .....	4
Project Requirements .....	4
Club Activities .....	4
<b>Part II</b> .....	<b>5</b>
A Brief History of 4-H in Pennsylvania .....	5
How Well Do You Know Your Local Community, County, and State? .....	6
References: .....	7
What Do you Know About Your County? .....	7
Local History .....	8
How Well Do You Know Your Family History? .....	8
<b>Part III</b> .....	<b>9</b>
Important Things To Consider .....	9
<b>Part IV</b> .....	<b>13</b>
Hosting an Interstate Exchange Group .....	13
Hosting in Review .....	13
<b>Part V</b> .....	<b>14</b>
Traveling to Another County or State .....	14
Traveling In Review .....	15
<b>Part VI</b> .....	<b>16</b>
Record and Reporting Forms .....	16
My 4-H Interstate Exchange Experience—What I Learned .....	24
<b>PART VII</b> .....	<b>26</b>
Additional Forms .....	26
Pennsylvania 4-H Youth Development Program Behavioral Expectations for Youth .....	28
Pennsylvania 4-H Member Code of Conduct .....	28



## INTRODUCTION

Welcome to the Pennsylvania 4-H Interstate Exchange Project. The United States of America is composed of 50 individual states. Each one is unique, but each also shares similarities with every other state. Some similarities include the facts that citizens in every state are Americans, share the same Pledge of Allegiance to the flag, celebrate national holidays, trade in the same form of money, live by many of the same rules and laws, and aspire to the “American Dream.” Although other languages are spoken by various individuals and groups, one language, English, is common across all states.

On the other hand, the weather conditions, geography, and history of each state varies. For example, some states are better suited than others for agriculture and produce a large part of our nation’s food. Other states boast beautiful beaches and provide places to entertain tourists. Common terms such as “Southern hospitality” suggest that some customs and traditions vary in different parts of the country. The lifestyles of some communities are based closely around the type of work done there. For example, parts of California are called “Silicon Valley” because a lot of people there are employed in the computer industry. In some of the coastal communities of New England, fishing is a large industry. This results in different customs and practices within these different communities.

Some religions and ethnic groups are more prevalent in certain communities than in others. Because they live in different parts of the country, people may speak with different accents or dialects. Some foods or methods of food preparation may be more popular in some states than in others.

In this project, you will engage in activities that will help prepare you to host youth from different counties or states. You will also prepare to travel and stay in the home of a youth and family from a different county or state. You will have an opportunity to experience some of the ways that people in other communities are different from, or similar, to you.

## PART I

This section will describe the objectives of this project and the life skills that you will learn while completing it. Before beginning this project, it is important to review the Project Requirements.

### Objectives

This project is designed to help you:

- Learn more about the history of our great state of Pennsylvania and the county in which you live.
- Learn more about yourself and your own family, friends, county, and/or state.
- Learn to help plan and conduct fund-raising projects to pay expenses for the trip and for hosting a visitor.
- Learn to be a good host or hostess for a visiting youth.
- Learn how to travel, not as a casual passenger, but as an interested, fact-finding individual by increasing your perception of your surroundings.
- Develop as an individual by learning to think on your feet and to live, work, and play with people who may have practices, beliefs, and customs that are different from your own.
- Create new and lasting friendships.
- Learn more about 4-H club work in other states.
- Have fun as a member of a 4-H club.



### Life Skills:

1. Communicating
2. Interacting socially
3. Caring for others
4. Accepting differences
5. Building relationships

6. Being responsible
7. Planning and organizing
8. Managing yourself
9. Working in a team
10. Keeping records

### Project Requirements

Just as in any other 4-H club, this group elects new officers annually and conducts regular business meetings to plan the details of trips, fund-raising projects, and activities for the out-of-state groups when this county hosts.

The following are more specific requirements. Members must:

- Be 14 years of age as of January 1 of the year that they will travel to another state. They may be 13 the year the county hosts another group.
- Be enrolled in another local 4-H club and carry at least one regular 4-H project.
- Attend at least two-thirds (66 percent) of the regular business meetings of the Interstate Exchange Club
- Participate in at least two-thirds of the club's functions and projects.
- Present at least one demonstration or public speech at a local club (other than the Interstate Exchange club), a 4-H function, or another community function.
- Complete the project book pages that apply to this year with details and pictures of the planning, traveling, OR hosting experiences.
- Host a member from the other state, if possible.

### Club Activities

You will:

- Learn about the history of the 4-H in Pennsylvania.
- Learn about the history of your county and state of Pennsylvania.
- Develop and participate in fund-raising activities.
- Participate in the selection of a destination for travel and participate in planning activities that will be of interest to out-of-state (county) members during the exchange.

- Participate in communication with the selected county with which members will be exchanged.
- Participate in the planning of club activities that will involve the 4-H'ers being hosted.
- Maintain and share a record of your hosting and travel experiences.

## PART II

A part of hosting 4-H'ers from a different state is helping them to learn as much about your community, county, or state as possible. A first step may be to brush up on your own knowledge about these areas.

### A Brief History of 4-H in Pennsylvania



Early records show that 4-H originated in Mercer County, Pennsylvania. Charles G. McBride, Extension Agent for six western Pennsylvania counties, had his office in Mercer. He held meetings in the fall of 1912 with the cooperation of the Grange to organize a corn-growing contest

in 1913. Fourteen boys and one girl entered that contest. The contest was won by the girl, Aleen Fell. Aleen later went to Penn State as one of the first women in the College of Agriculture.

The first official Pennsylvania 4-H club met in the Courthouse at Mercer under the guidance of County Agent McBride. That first club held a camp for a week at Hamburg, Pennsylvania, had several picnics, and finished the year with a trip by train from Pittsburgh to State College to visit Penn State.

The first definite projects for boys and girls in Pennsylvania were outlined in 1916. 4-H has evolved from teaching agriculture and home economics in club groups to much more.

Today, 4-H programs serve more than 166,500 youth between the ages of 8 and 19 across the Commonwealth of Pennsylvania. Of them, more than 1,000 go on to become 4-H volunteer leaders while still teens, and many participate as adults in the ranks of nearly 12,000 volunteer leaders statewide.

With its roots in early twentieth century rural youth programming, 4-H has grown to meet the needs of modern families in both rural and urban areas. In addition to the plant and animal sciences, youth participate in technology programs such as rocketry, computer science, and electronics; in personal development such as career exploration, business, and marketing; in foods and nutrition and clothing projects; in earth science, wildlife, and fisheries programs; in citizenship, civic education, and international programs; and in communication and expressive arts programs.



4-H is nationally recognized as one of the foremost youth organizations in the country. In the years since it began, the 4-H Program has spread to at least 82 countries around the world. The 4-H four-leaf clover is universally recognized as a sign of positive youth development.

In 2002, Pennsylvania 4-H joined the rest of America in celebrating the 100th anniversary of 4-H. Pennsylvania 4-H'ers participated in the 4-H Conversations at the county, state, and national levels.

### How Well Do You Know Your Local Community, County, and State?

Take the following quiz about Pennsylvania:

1. What is the capitol of Pennsylvania?

---

2. Located in Pennsylvania,

---

is the largest chocolate factory in the world.

3. Every February 2, a groundhog is taken out to see if it casts a shadow. In what Pennsylvania town does this event take place?

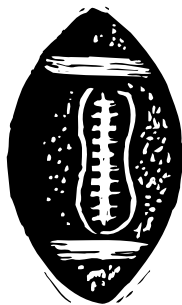
---

4. How many counties are there in Pennsylvania?

---

5. Name a professional football team in Pennsylvania.

---



6. This group of people is also known as "Pennsylvania's plain people," or "Pennsylvania Dutch," but they actually live in 19 states plus Canada.

---

7. In 1969, this man became the majority leader of the Pennsylvania House of Representatives. He was the first black man ever to hold this position.

---

8. A three-day-long Civil War battle was held July 1-3, 1863, in

---

Pennsylvania.

9. A northwestern Pennsylvania city borders which great lake?

---

10. In eastern Pennsylvania, a mountain range called the

---

is known for its honeymoon resorts, winter skiing, and natural beauty.




---

11. The quote, "Proclamation Liberty throughout all the land unto all the inhabitants there of" is written on the

---

which has not been used since 1846 due to a crack that formed. It remains on display on Market Street in Philadelphia.



12. This ketchup corporation is located in Pittsburgh, Pennsylvania.

---

13. Name one Historically Black College or University in Pennsylvania.

---

14. Name 6 colleges and universities in Pennsylvania.

---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---

15. Pennsylvania borders the state of

---

to the north.

16. Pennsylvania borders the states of

---



---

to the south.

17. The \_\_\_\_\_

River is one river that flows through Pennsylvania.

18. \_\_\_\_\_

is one mountain range in Pennsylvania.

19. Name the following:

State Bird \_\_\_\_\_

State Nickname \_\_\_\_\_

State Flower \_\_\_\_\_

State Motto \_\_\_\_\_

20. Name at least 3 tourist sites in Pennsylvania:

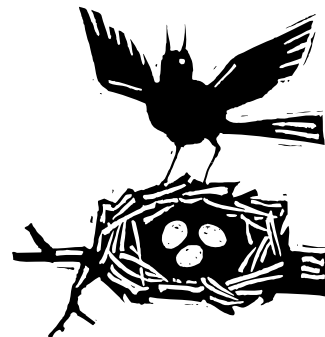
---



---



---



### References:

Beers, P.B. (1970). *The Pennsylvania sampler*. Harrisburg, PA: Stackpole Books.

Couch, E., & Couch, J. (1988). *Pennsylvania trivia*. Nashville, TN: Rutledge Hill Press.

Pitzer, S. (1994). *Pennsylvania: off the beaten path*. (3<sup>rd</sup> ed) Old Saybrook, CT: The Globe Pequot Press.

### What Do you Know About Your County?

Answer the following questions. Check your answers with your county's 4-H/youth development agent.

1. What is the population of your county?

2. What is the leading industry in your county?

3. Name 2 things your county is known for.

---

4. Name something unique to your county.

---



---

## Local History

How much do you and the members of your club know about the history of your own community or county? When was the area explored and settled? Who were the early settlers? Where did they come from and how did they make their living? What businesses have come and gone, and which remain today? Your club can take a fascinating journey into the past. As a group, select some or all of the following activities to learn more about your local history.

### Activities:

1. Plan a field trip to your county records office. Have one of the people in charge of the records explain how the various types of records can be used to tell the story of local history.
2. Have members interview some of the older residents of the community to discover what they remember about the town or area. Be sure to ask about photographs and other memorabilia. Tape record the conversations with senior citizens to create a "living history."
3. Your community may have a book or booklet describing its history. Check with the local library. If there is no written history, your club may lead the way in compiling and supporting the creation of a brief history of the area. Some bits of historical information can easily be lost if individuals are not involved in their preservation.
4. Have you ever considered that a cemetery is part of our culture? It is a visual reminder and record of who lived in the community, where these people were born, and who they married. Sometimes, it even records who their children were. Are any famous people buried in your local cemetery? Who are they?

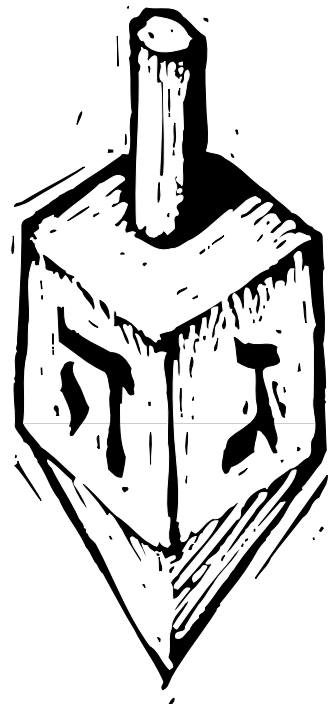
### How Well Do You Know Your Family History?

Every local community is made up of individual families. Because our families are so much a part of our everyday lives, we often give little thought to the uniqueness and special characteristics of our own families. Just as counties and states have histories, so do families. Before we share our families with youths who are visiting from different counties or states, we may wish to learn more about them. Just who are our families anyway? Let's explore them.

All of us have cultural, ethnic, racial, and religious/spiritual (or nonreligious) heritages that influence our current beliefs, values, and behaviors. *Heritage* includes customs, traditions, and anything else people feel they have inherited from their cultural groups. To learn a little more about your own heritage, take this simple cultural journey.

Interview various members of your family to help you answer the following questions.

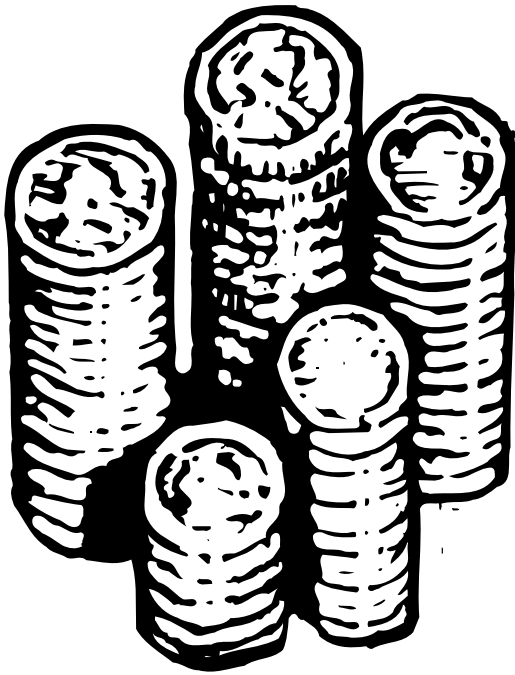
1. When you think about your roots, what place(s) of origin do you identify for your family? (For example, some families originated in parts of Western Europe, others have ancestors from parts of Asia or Africa.)
2. Have you ever heard any stories about how your family or ancestors came to the place where you grew up or how they came to the United States? Briefly, what was the story?
3. Are there any foods that you or other family members prepare that are traditional to your place of origin or some other aspect of your heritage? What are they? What special meanings do they have for your family?
4. Are there any celebrations, ceremonies, rituals, or holidays that your family celebrates that reflect your place of origin or some other aspect of your heritage? What are they? How are they celebrated?



5. Do you or does anyone in your family speak a language other than English because of your family's place of origin? If so, what language?

6. Have you discovered anything that your family does differently from other families because of your culture, religion, ethnic group, or place of origin? What is it?

—Adapted from: Lynch, E. W & Hanson, M. J. (1998). *Developing cross-cultural competence* (2<sup>nd</sup> ed). MD: Paul H. Brookes Publishing Co.



## PART III

### Important Things To Consider

Now that you have increased your knowledge about your state and local community and brushed up on your own family history, you are ready to plan for sharing what you know with others from a different county or state. Here are some important things to keep in mind during the planning process.

#### Your Responsibilities

As you travel to another state or host another 4-H'er, remember that you are representing

- 1) Your family.
- 2) 4-H, a nationally known youth organization.
- 3) Your county and state.

Your attitudes, behavior, manner of dress, and personal habits tell a great deal about you and where you come from. We know that you will do your best to enjoy this experience and make it an enjoyable learning opportunity for your county members and the group you visit or host. You will be asked to review the *Pennsylvania 4-H Youth Development Program Behavioral Expectations for Youth* and the *Pennsylvania 4-H Member Code of Conduct*. You and your parent or guardian will be asked to sign the *Code Agreement*. A copy of these forms is located in Part VII of this project booklet.

#### Fund-raising

While fund-raising is important to the success of this project, it is not the *purpose* of the organization. Many types of fund-raising activities have been used. In choosing such a project, club members should avoid activities which:

- Reflect a poor image of 4-H within their community or state.
- Might endanger any fund-raising efforts by the county 4-H program or another local 4-H club.
- Create a hardship on members or their families.

The lists on the following pages are examples of approved 4-H fund-raising events/ activities. Also listed are special events or activities that *are not* covered by a 4-H insurance policy.

**APPROVED 4-H FUND-RAISING EVENTS/ACTIVITIES**

- Ad booklet
- Animal photography at fair (except pictures where a person sits on an animal)
- Bake sales
- Bovine hoof trimming\*
- Cake walks
- Car washes
- Carnivals
- Craft sale
- Christmas tree sales
- Corn maze (must have clear paths, appropriate weather conditions, and supervision)
- Dances/dance instruction
- Easter egg hunts (plastic eggs only)
- Face painting (hypoallergenic or allergy tested paints only)
- Food coupon sales. For example: donuts, sandwiches, pizza, Burger King, Sheetz MTO(contract must be approved)
- Food sales and dinners (prepared by 4-H leaders and members)
- Garden maintenance (power tools may not be used)
- Halloween festival (not haunted house/hayride)
- Halloween insurance policy sale
- Hay maze (talk with your county extension agent for more information)



\*For events where there may be outside vendors, please talk with your county extension agent for additional information.

\*\*No donkeys. Please use sound judgment concerning biting and kicking when including other animals.

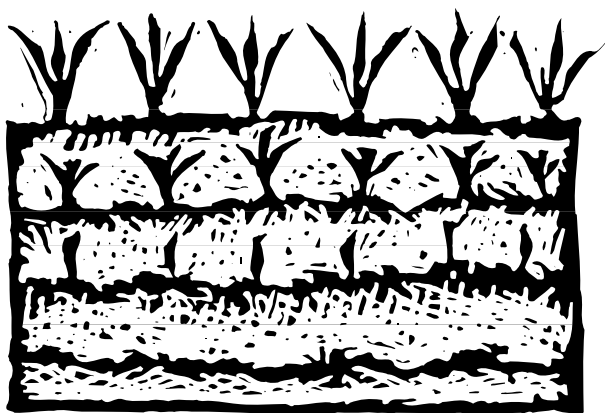
\*\*\*Requires the following disclaimer: This booklet is printed for information only and does not constitute any endorsement or recommendation by 4-H of the judges listed within.

NOTE: This list is updated yearly. Additional items for coverage will be discussed at the fall YPCC Advisory Committee meeting. If you wish to request that a new fund-raising event/activity be added, be sure to speak with your Advisory Committee representative. No new fund-raisers will be added during the policy year.

- Hayrides (A competent adult chaperone must be on the wagon during the ride.)
- Horses: open horse clinic
- Horses: open horse shows\*
- Horses: open horse trail ride
- Horse judges booklet sale\*\*\*
- Horseman's expo (no horses)
- Jail fund-raisers (people raise their bail to be released)
- Kiddy pedal tractor pull
- Livestock sales\*
- Manure sale
- Miniature golf tournament
- Model horse show
- Newspaper subscriptions sale
- Open mic events, Karaoke
- Opinion fund-raiser (nothing controversial)
- Pet shows
- Petting zoos\*\*
- Plant and flower sales
- Pony rides (talk with your county extension agent for additional information)
- Pony ride pictures (ponies must be on a lead line)
- Pony wagon rides



- Pre-packaged food sales (4-H is not preparing or packaging the food). For example: cookies, popping corn, stromboli, pizza, lady fingers, candy bars, fruit, mushroom pies, pies, sausage, frozen food, cheese, gift packs of food
- Pre-packaged product sales—for example: flower bulbs, calendars, placemats, plat books, t-shirts, hats, stationary, cookbooks, light bulbs, assorted merchandise, seeds, pocket calendars, dish towels, playhouse tickets, gift wrap, fire extinguishers, first aid kits, chimney cleaner and fireplace crystals, rat poison, RADA utensil sales, Avon, Friendly home catalogues, 4-H mug sale, Tupperware “book” party
- Public auction
- Recycling (aluminum cans and other non-toxic items)
- Rub-on tattoos
- Save-a-label supermarket
- Save-a-tape register tape saving program
- Scarecrows
- Tack sale/swap\*
- Talent show
- Thons—For example: bike-a-thons, walk-a-thons, dance-a-thons, rock-a-thons, bowl-a-thons, skatea-thons
- Trail rides
- Gift wrapping
- Yard or garage sale

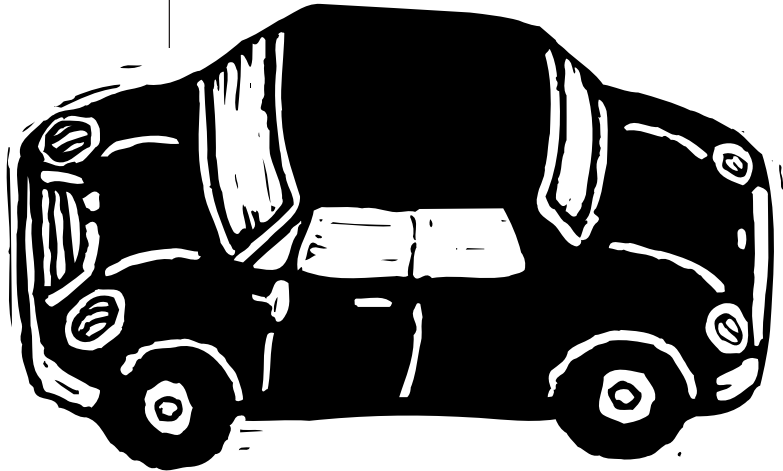


#### SPECIAL EVENTS OR ACTIVITIES THAT ARE NOT COVERED

- Aircraft—any activity involving aircraft of any kind, including hot air balloons
- Allan C. Hill productions
- American family day
- Amusement rides (4-H sponsored)
- ATV riding\*\*\*
- Baby-sitting services
- Backyard slippery slides
- Bungee Jumping
- Carnivals
- Caving (spelunking)
- Climbing walls
- Dog dips (Assistance with paper work may be done as long as the 4-H name and emblem are not used anywhere.)
- Dog washes
- Down hill skiing
- Dunking booths
- Flea markets
- Forestry events involving chain saws or sawing
- Fresh food products not to be cooked and sold for immediate consumption (i.e., fresh capons, rabbits, etc.) Any animal that is slaughtered under USDA inspection and sold directly from that inspected site may be sold fresh. The carcass must be under continuous control of the USDA-inspected plant from the time it is slaughtered until the consumer picks it up.
- Haunted houses
- Horse racing or polo of any type (horse racing where more than one horse competes at once)
- Horse training events where the leader is charging a fee for the instruction. (Leaders running their own business—where there is an exchange of money—must have their own liability insurance. They are not covered under the 4-H liability insurance policy.)

- Kiss-A-Pig contest
- Martial Arts
- Milk auctions, non-processed milk sales
- Motor crosses and other motorcycle events
- Mountain biking\*\*
- Mountain climbing, repelling
- Paint ball shooting booths
- Parade seating setups or sales
- Parking cars
- Rabies clinics (Assistance with paper work may be done as long as the 4-H name and emblem are not used anywhere.)
- Recycling centers (operating a recycling center that cannot be controlled for potential toxic materials)
- Residential 4-H camps (liability coverage provided by K & K Insurance Company)
- Rodeo work/calf cutting
- Ropes courses
- Scuba diving
- Shooting sports booths
- Snowboarding
- Snowmobiling
- Snowtubing
- Store compliance checks
- Truck and tractor pulls
- Tunnel mazes
- Water balloon activities
- Water skiing or any activity involving power boats
- Water slides or sliding boards
- White water rafting other than on a commercially supervised trip

- Youth under age eight\* participating in 4-H program events or open shows involving large animals, including horses, ponies, hogs, cows, steers, bulls, donkeys, llamas, mules, sheep, and goats. If the youth under age eight are not handling or working with the animals (i.e., giving a demonstration), then the leader is covered



\* Youth who have not had their eighth birthday  
 \*\* Riding mountain bikes is acceptable. Riding on mountainous terrain is not.  
 \*\*\*ATV rider safety courses may be offered through 4-H by contacting the Specialty Vehicle Institute of America at 1-800-786-5559. Certified instructors from this institute must teach the safety course. The contract has been approved by P.W. Wood.

## PART IV



### Hosting an Interstate Exchange Group

The best plans do not always work the way we would like. In preparation for hosting an exchange youth from a different county or state, it is important to think about problems that could develop. How would you handle problem situations? Discuss these situations with your club members, club leaders, and family.

#### Potential Problems

What will you do if...

1. You are asked to host the opposite sex?
2. Your guest doesn't bath for four days?
3. Your guest doesn't like the food your family serves?
4. Your guest will not talk to you?
5. Your guest asks you to do something you know is wrong?
6. You notice your guest stealing while on a shopping trip?
7. Your guest is disrespectful to your parents?

What other problems do you think might occur?

8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

### Hosting in Review

Capture some of the highlights of hosting by answering the following questions:

1. Where did you take your guest?

---



---



---

2. What did your guest like most about your home?

---



---



---

3. What did your family like most about your guest?  
What do you feel your guest enjoyed most about the stay?

---



---



---

4. What did you learn about Pennsylvania by sharing your home with your guest?

---



---



---

5. Did your guest take an active part in your family activities?

---



---



---

6. What do you think your guest enjoyed most about the visit?

---



---



---

7. What did you enjoy most about hosting?

---



---



---

8. What did you learn about yourself from this experience?

---



---



---

9. Would you recommend hosting to your friends? Why or why not?

---



---



---



---



---



---



---



---



---



---

## PART V

### Traveling to Another County or State

In addition to making travel arrangements from your county to the hosting county, members need to plan for the following details.

#### Insurance

The group needs to be covered by insurance while traveling and while at their destination. For scheduled 4-H events and activities, primary liability coverage for 4-H members is provided while they are participating in the exchange. During the time that the hosted youth are with the host family, the 4-H insurance carrier provides secondary coverage over the host family's homeowner policy. 4-H as an organization is covered for the entire time of the exchange.

#### Chaperones

Volunteer leaders, interested parents, and Extension Agents have served as chaperones for exchange trips. There should be at least one adult for every 10 young people when the group travels.

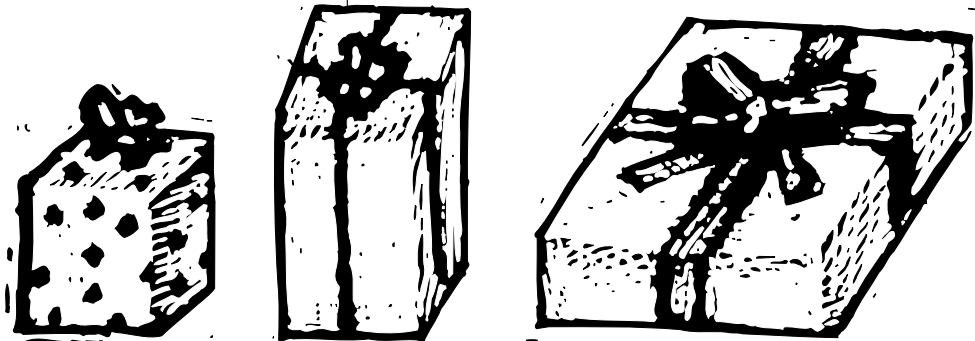
#### Gifts for the Host Family

As a group, members usually decide on a small gift to take to the host families. A locally produced product or item gives them a memento of Pennsylvania.

#### Traveling Tips

How you pack and what you take depends a great deal on where you are going and what activities are planned. This will vary from one exchange to another, but the club needs to discuss these details at meetings.

In preparation for traveling to a different county or state, it is important to think about problems that could develop. How would you handle problem situations? Discuss these situations with your club members, club leaders, and family.



**Potential Problems**

What will you do if...

1. You are hosted by the opposite sex?
2. Your likes and dislikes are very different from those of your host?
3. Your host offers you illegal drugs or alcohol?
4. You do not like the food the family serves?
5. Your host family practices a religion different than your own?
6. You are asked to do family chores?
7. Your host is not accepted by the rest of the delegation?
8. Your host family does not want to participate in the group activities of your delegation?
9. Your host borrows your clothes without asking your permission?
10. The host family's bathroom is unclean?

What other problems do you think might occur?

---

---

---

---

---

---

---

---

**Traveling In Review**

**Different and The Same**

How do people in the state you visited compare with people in Pennsylvania?

---

---

---

---

---

What differences did you discover? Check differences that you found.

---

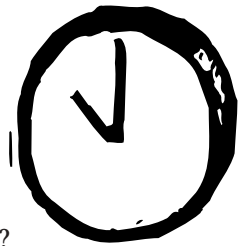
---

---

---

---

- Accents or manner of speaking
- Use of different words for the same items (e.g. pop for soda)
- Different foods or different method of preparing foods
- Different style of architecture
- Different geography
- Different weather patterns
- Different time zone



What other differences did you discover?

---

---

---

---

Use this space to discuss any areas that are checked above.

---

---

---

---

What are some of the main ways in which the people in the state you visited are the same as people in Pennsylvania?

---

---

---

---

# PART VI

## Record and Reporting Forms

### Project Record—Hosting Log

Day No. \_\_\_\_\_

Date: \_\_\_\_\_

Activities to Remember:	Picture/ Item/ Drawing
-------------------------	------------------------

Day No. \_\_\_\_\_

Date: \_\_\_\_\_

**Activities to Remember:**

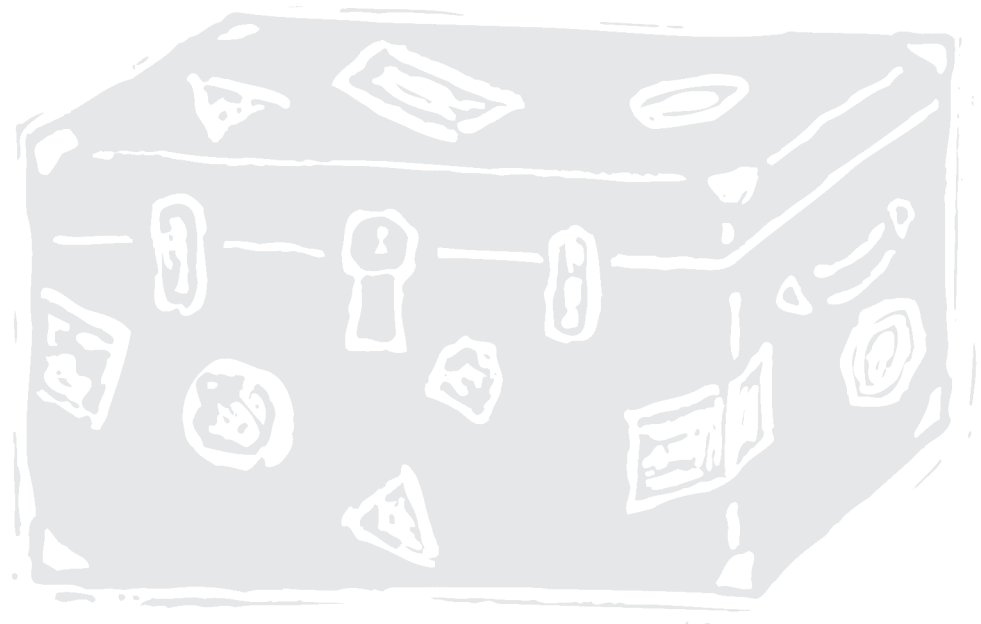
**Picture/ Item/ Drawing**



Day No. \_\_\_\_\_

Date: \_\_\_\_\_

**Activities to Remember:** **Picture/ Item/ Drawing**



**ADDITIONAL PICTURES AND ARTIFACTS OF HOSTING EXPERIENCE**

**Project Record—Traveling Log**

Day No. \_\_\_\_\_

Date: \_\_\_\_\_

**Activities to Remember:**

**Picture/ Item/ Drawing**

Day No. \_\_\_\_\_

Date: \_\_\_\_\_

**Activities to Remember:**

**Picture/ Item/ Drawing**

Day No. \_\_\_\_\_

Date: \_\_\_\_\_

**Activities to Remember:**

**Picture/ Item/ Drawing**



ADDITIONAL PICTURES AND ARTIFACTS OF TRAVELING EXPERIENCE







**Basic Details of Exchange Hosting:**

\_\_\_\_\_ (no.) members from \_\_\_\_\_ (county), \_\_\_\_\_ (state)

with \_\_\_\_\_ (no.) chaperones visited \_\_\_\_\_ County

from \_\_\_\_\_ (date) to \_\_\_\_\_ (date).

They arrived by \_\_\_\_\_ (transportation).

I hosted:

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Travel:**

\_\_\_\_\_ (no.) members and \_\_\_\_\_ (no.) chaperones

visited \_\_\_\_\_ (county), \_\_\_\_\_ (state)

from \_\_\_\_\_ (date) to \_\_\_\_\_ (date) by \_\_\_\_\_ (transportation).

I stayed with:

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## **Pennsylvania 4-H Youth Development Program Behavioral Expectations for Youth**

A goal of the 4-H Youth Development Program of Penn State Cooperative Extension is to provide opportunities for children and youth to develop character. Pennsylvania 4-H supports the CHARACTER COUNTS! six pillars of character: TRUSTWORTHINESS, RESPECT, RESPONSIBILITY, FAIRNESS, CARING, and CITIZENSHIP. In order to ensure that the 4-H Youth Development Program of Penn State Cooperative Extension provides positive environments for all individuals to learn and grow, participants agree to abide by these expectations of behavior:

**I will be trustworthy.** I will be worthy of trust, honor, and confidence. I will be a model of integrity by doing the right thing, even when the cost is high. I will be honest in all my activities. I will keep my commitments by attending all sessions of the planned event. If I am not feeling well or have a schedule conflict, I will inform my chaperone or a person in charge. I will be in the assigned area (e.g., club meeting room, building, dorm) at all times. I understand that Pennsylvania 4-H does not permit dishonesty by lying, cheating, deception, or omission.

**I will be respectful.** I will show respect, courtesy, and consideration to everyone, including myself, other program participants, and those in authority. I will act and speak respectfully. I will treat program areas, lodging areas, and transportation vehicles with respect. I will not use vulgar or abusive language or cause physical harm. I will appreciate diversity in skill, gender, ethnicity, and ability. I understand that Pennsylvania 4-H does not tolerate statements or acts of discrimination or prejudice.

**I will be responsible.** I will be responsible, accountable, and self-disciplined in the pursuit of excellence. I will live up to high expectations so I can be proud of my work and conduct. I will be on time to all program events. I will be accountable by accepting responsibility for my choices and actions. I will abide by the established program curfew. I will be responsible for any damage, theft, or misconduct in which I participate.

**I will be fair.** I will be just, fair, and open. I will participate in events fairly by following the rules, not taking advantage of others, and not asking for special exceptions.

**I will be caring.** I will be caring in my relationships with others. I will be kind and show compassion for others. I will treat others the way I want to be treated. I will show appreciation for the efforts of others. I will help members in my group to have a good experience by striving to include all participants.

**I will be a good citizen.** I will be a contributing and law-abiding citizen. I will be respectful to the environment and contribute to the greater good. I will not use any illegal substances such as tobacco, alcohol, and drugs.

*See below for the Pennsylvania 4-H Code of Conduct, which must be signed by the 4-H member and his/her parent or guardian.*

CHARACTER COUNTS! is a service mark of the CHARACTER COUNTS Coalition, a project of the Josephson Institute of Ethics.

### **Pennsylvania 4-H Member Code of Conduct**

4-H members participating in or attending club, county, regional, district, state, and national programs, activities, events, shows, and contests sponsored for youth by the 4-H Youth Development Program of Penn State Cooperative Extension are required to conduct themselves according to the Pennsylvania 4-H Code of Conduct. The code operates in conjunction with the Pennsylvania 4-H Youth Development Program Behavioral Expectations and the rules and regulations of the specific activity.

Adults attending or participating in 4-H youth activities are expected to conduct themselves according to the code and assist and support youth in their efforts to adhere to the code.

The following are not permitted at 4-H sponsored programs, activities, or events.

- Possession, consumption or distribution of alcohol.
- Possession, use, or distribution of illegal drugs.
- Possession or use of any tobacco products.
- Sexual activity.
- Boys in girls' rooms and girls in boys' rooms or lodging areas.

- Cheating or misrepresenting project work.
- Theft, destruction, or abuse of property.
- Violation of an established curfew.
- Unauthorized absence from program site.
- Physical, verbal, emotional, or mental abuse of another person.
- Possession or use of a weapon.\*
- Possession or use of a harmful object with the intent to hurt or intimidate others.
- Other conduct deemed inappropriate for the youth development program by an event chair; a designated Penn State extension agent, faculty, or staff member; or a 4-H volunteer leader

If the code is violated, the following steps may be taken.

- The adult chaperone for the youth involved in the violation (an extension agent or a 4-H leader) will be made aware of the situation.
- The parent(s) may be called and arrangements made for transportation home at the parent's expense.
- The 4-H'er(s) may be barred from participating in 4-H.
- When a violation occurs at a competitive event, 4-H members may be disqualified from the contest and ineligible for any awards. Competition in later contests may also be barred. This will be determined by the event chair; a designated Penn State extension agent, faculty, or staff member; or a 4-H volunteer leader.
- If any laws are violated, the case may be referred to the police.
- All chaperones are responsible for all youth at an event.

### Code Agreement

My parent/guardian and I have read and discussed the PENNSYLVANIA 4-H YOUTH DEVELOPMENT PROGRAM BEHAVIORAL EXPECTATIONS and the PENNSYLVANIA 4-H CODE OF CONDUCT. I am aware that my actions and decisions affect me and others and may result in the loss of privileges during 4-H events and for future events. We agree that I will conduct myself in accordance with the intent of the Behavioral Expectations and the Code. I will accept the appropriate and logical consequences of my actions if I fail to do so.

Furthermore, if it is determined by the adults in charge that my behavior has violated the Code, I agree to place a collect call to my parents/guardian. If further action requires me to return home, my parents/guardian and I will arrange for transportation at our expense.

---

Signature of 4-H youth/participant

---

Date

---

Signature of parent/guardian

---

Date

---

\*This does not refer to the equipment used in authorized shooting sports practice or competition.

---

Prepared by Patreese Ingram, associate professor of agricultural and extension education, in consultation with the following International/Diversity Curriculum Committee members: Cindy Arblaster, Wanda Braymer, Mary Jo Kraft and Ellen Linamen.

Visit Penn State's College of Agricultural Sciences on the Web: [www.cas.psu.edu](http://www.cas.psu.edu)

Where trade names appear, no discrimination is intended, and no endorsement by Penn State Cooperative Extension is implied.

Issued in furtherance of Cooperative Extension Work, Acts of Congress May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture and the Pennsylvania Legislature. T. R. Alter, Director of Cooperative Extension, The Pennsylvania State University.

**This publication is available in alternative media on request.**

The Pennsylvania State University is committed to the policy that all persons shall have equal access to programs, facilities, admission, and employment without regard to personal characteristics not related to ability, performance, or qualifications as determined by University policy or by state or federal authorities. It is the policy of the University to maintain an academic and work environment free of discrimination, including harassment. The Pennsylvania State University prohibits discrimination and harassment against any person because of age, ancestry, color, disability or handicap, national origin, race, religious creed, sex, sexual orientation, or veteran status. Discrimination or harassment against faculty, staff, or students will not be tolerated at The Pennsylvania State University. Direct all inquiries regarding the nondiscrimination policy to the Affirmative Action Director, The Pennsylvania State University, 328 Boucke Building, University Park, PA 16802-5901, Tel 814-865-4700/V, 814-863-1150/TTY.

© The Pennsylvania State University 2003

Produced by Information and Communication Technologies in the College of Agricultural Sciences