



Around the State in 4-H

April 2006

Office of 4-H Youth Development

GROW

Resilient Children and Youth

PENNSTATE



an OUTREACH Program of the College of Agricultural Sciences

Volunteers Learn and Have Fun at Leaders Forum

by Christy Bartley

The 2006 Leaders Forum looked a little different than past years. The leaders took some time out of their busy schedules to learn and have fun. The forum moved to a one day format this year with a fun and fellowship time on Friday evening for those who arrived early. Leaders were able to attend three different workshop sessions and were recognized for service at the luncheon. Many of the leaders have 20 or more years of service. Be sure to ask your leaders about the Forum. Forum dates for 2008 will be announced shortly.



The goals of the program will include: 1) Improve participating children and youth's awareness to make healthier choices; improve their parents awareness to provide healthier options in the home 2) Increase the children and youth's interest and participation in physical activities and community and school sports teams 3) Develop and initiate a public awareness campaign about the benefits of healthier diets and lifestyles and ideas for how to make positive changes towards a healthier diet and lifestyle 4) Make the program sustainable for the long-term and 5) Evaluate the program. The potential impact of the proposed program is to improve the diets, health, and overall lifestyles of the participating children and youth. Up to 12 elementary aged children and up to 12 middle-school aged children will participate in the 2006 Summer Farm Linkages program, which will run one day per week for 12 weeks during the summer months.

For more information contact: Kathy Weller, wellerky@psu.edu, Phone-570-837-4252.

Healthy Lifestyles Grant Received

by Marilyn Corbin

Penn State Cooperative Extension in Snyder County received a Healthy Lifestyles grant established by Kraft Foods, Inc. and funded by Cargill for \$4,690 to work with youth from limited resource families. The program is called the 'Summer Farm Linkages' program which will include up to 24 children and youth who currently participate in an innovative after-school program (called the 'Linkages Program') located at the Middlecreek Area Community Center (MACC), a non-profit organization based in central Pennsylvania. The children and youth were identified by teaching staff and guidance counselors of the Mid-West School District as needing support with emotional, social, behavioral, and/or educational issues. The majority of the participating children and youth come from financially or emotionally unstable families. The After-School Linkages program is based on the PATHS (Promoting Alternative Thinking Strategies) curriculum, which encourages children and youth to identify their own strengths, make constructive decisions, and develop leadership and social interaction skills.

The Summer Linkages program will be located at Sweet Meriam's Farm, which includes 60 acres of woodlands, small-scale livestock operations, a large pond, and a Community Supported Agriculture (CSA) operation that produces over 20 different types of organic vegetables for 60 families in central Pennsylvania.

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Philadelphia Service Learning Program

by Nicole Webster

Students in the Penn State 4-H service-learning program at Shaw Middle School in southwest Philadelphia showcased their service learning program to a national audience of service learning educators and youth. Students presented the results of their scientific approach to managing pests at the 17th annual National Service Learning Conference at the Philadelphia Conference Center March 22-25. Students highlighted the steps to IPM management and discussed several projects they had undertaken in the school over the past year. The students discussed the creation of audio-visual displays on IPM and health, their participation in after-school programs to educate the public on the negative effects of pests, and the development of newsletters at health fairs and community outreach events. The students are learning how to be expert leaders, team researchers, educators, and peer role models while collaborating with community partners.

State Fashion Revue Information

by Jan Scholl

The state fashion revue information is now on the 4-H FCS web-site: <http://agexted.cas.psu.edu/FCS/4hfl/jsmenu.html>. There are many changes outlined this year since we are at the Pasquerilla Center and this causes us to make changes to our schedule as well. Take time now to check the web-site for county information, additional requirements for participants, schedule changes, etc. If you do this, many difficulties may be alleviated.

Ribbon Requests for State Fashion Revue

Also, regional chairs should have their ribbon requests to Lydia Everhart no later than May 1. The forms for these requests are on the 4-H web-site as well.

4-H National Congress, November 24-28, 2006

by Lydia Everhart

National 4-H Congress is a five-day educational program that brings together the top 4-H members from across the nation to share ideas and experiences. Each county in Pennsylvania may send two 4-H members. County delegate reservations are

due no later than July 25, 2005 with \$100 deposit per delegate. For information on cost, due dates and more, visit the web-site at: <http://pa4h.cas.psu.edu/Activities/Congress.html>

2006-2007 Curriculum and Event Committee Nominations

by Lydia Everhart

It is that time to start planning for the 2006-2007 program year which means nominations for curriculum and event committees. All information for this process can be found at: <http://pa4h.cas.psu.edu/Curricula/CommitteeNominationInfo.html>. You will be receiving a packet in the mail this month with all the information for you to jump in and participate. All nomination forms are due June 1, 2006 to Lydia Everhart at 416 Ag Administration Bldg., University Park, PA 16802

MARK YOUR CALENDARS:



The 2006 4-H Calendar can be found at:

<http://pa4h.psu.edu>

- ◆ April 22
Wildlife Field Day
- ◆ April 23-25
Capital Days
- ◆ May 6
4-H Forestry Field Day



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Farm Safety and Health Quiz Bowl

by Christy Bartley

Spring is in the air so it is time to begin identifying your team members for the Farm Safety and Health Quiz Bowl at Ag Progress Days. Information on the quiz bowl can be found at the following web site: <http://www.abe.psu.edu/ash/Quizbowl.html>. The web site provides a list of references to be used for study, the rules and some sample questions. Teams should register with Dennis Murphy at djm13@engr.psu.edu. The deadline for registration is May 19th.

The contest at APD will be held on August 16. The top four placing 4-H teams will be expected to participate in the final contest at Farm Show on January 10, 2007. School letters will be provided to winning team members at Ag Progress Days so they may hand them in at the beginning of the school year.

The dress for the APD contest is casual and the 4-H dress code should be followed. If possible, the teams should wear 4-H T-shirts to identify them as a team. At Farm Show, the dress will be business casual. It is requested that the teams again have a 4-H shirt or vest to wear. Winning teams receive monetary awards which can be used for transportation and travel costs, to purchase additional references for future teams, or to purchase team shirts, vests, etc.

FFA teams are also participating in this event. You may consider having team practices together to develop the skills of your team.

State Days State Wide Service Project

by Lydia Everhart

“Serving our Stars”

This year we will be collecting items to help support our troops who are serving overseas. If you have any service men in your counties, please forward their names and address to the state 4-H Office by July 10, 2006. We anticipate mailing the boxes the 2nd week of August. Items that are needed will be posted on the 4-H State Days web-site and sent to educators via e-mail. We will be collecting items such as phone cards, toiletries, etc. For more information about this event please visit the State Achievement Days Web-site at: <http://pa4h.cas.psu.edu/Activities/AchieveDays.html>.

New in 2006, County Flag/Banner Processional

Please bring your county flag/banner to 4-H Headquarters upon arrival. They will then be transported to the auditorium for opening ceremonies practice. All flag/banner bearers should be recognized through the on-line registration and will need to be present at practice on Tuesday afternoon. The flag/banner ceremony is where each county will select a member to carry either their county flag or their county banner, walk on to the stage, introduce their delegation and place their flag or banner in an appropriate location. More information will follow in regards to this event.

Tidbits of Information

◆ **Information on Childhood Obesity:**

http://www.futureofchildren.org/pubs-info2825/pubs-info_show.htm?doc_id=349724

◆ **Building Partnerships for Youth:**

<http://ag.arizona.edu/fcs/bpy/>

◆ **Experiential Education Conference:**

<http://www.aee-heartland.org/>



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2006 4-H State Achievement Day “Clovers Among the Stars”

by Lydia Everhart

New in 2006, Exploring Agriculture Track

4-H youth who are interested in attending 4-H State Achievement Days have an opportunity to explore agriculture and college life by participating in the “Exploring Agriculture Track.” This track will be an exciting day of hands on activity to explore the many and varied opportunities of agriculture and the natural resource sciences. Four sessions will be held with topics including wildlife and fisheries science, forestry, wood products, animal sciences, and agricultural and biological engineering. It will be a fun filled day. If a member is participating in this event they will not be able to participate in any other educational or competitive event at State Achievement Days. For more information about this event please visit the State Achievement Days Web-site at: <http://pa4h.cas.psu.edu/Activities/AchieveDays.html> .

New in 2006, The Apprentice

4-H youth who are interested in attending 4-H State Achievement days have an opportunity to explore journalism, graphic and visual arts and college life by participating in the “Apprentice.” This educational track will include a series of hands on activities in digital photography, journalism, and graphic design. This track will begin Tuesday afternoon of State Achievement Days with a meeting with the client, and the instructors, and finish Wednesday afternoon with a presentation to the client. If a member is participating in this event they will not be able to participate in any other educational or competitive event at State Achievement Days. For more information about this event please visit the State Achievement Days Web-site at: <http://pa4h.cas.psu.edu/Activities/AchieveDays.html> .

New in 2006, Educator Handbook

The new, long awaited educator handbook is now available on the 4-H State Days web-site. This handbook will help you navigate through the process of advertising, registering and preparing your participants to come to 4-H State Achievement Days. The handbook includes, cost, registration information, special guest forms and much more. To download this handbook please visit the State Achievement Days Web-site at: <http://pa4h.cas.psu.edu/Activities/AchieveDays.html> .

New in 2006, Educator Orientation Conference Calls

This year we are going to try something new to help prepare you to come to State Achievement Days. We will be holding a series of conference calls in June that will go over details about state days, details such as registration, arrival, events, last minute updates, and more. I encourage each and every one of you that will have a delegation coming to the event to register for one of these calls. To register, please contact Marissa Coke at (814) 863-3824. The dates of the phone calls are listed below. For more information about the phone conferences please see the educator handbook at the 4-H State Achievement Days web-site at: <http://pa4h.cas.psu.edu/Activities/AchieveDays.html>. Conference call dates and times to refer to when registering are listed below. There are limited ports on each call so you must register with Marissa to participate:

June 9, 9:00 A.M.

June 20, 1:00 P.M.

June 22, 9:00 A.M.

June 28, 1:00 P.M.





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EDITOR'S PAGE

Christy E. Bartley

Christy Bartley
State 4-H Program Leader

In Consultation with
4-H Youth Development Faculty & Staff

This publication is available in alternative media on request.

Penn State encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please contact Christy Bartley 814-863-3828 in advance of your participation or visit.

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