



Around the State in 4-H

College of Agricultural Sciences

August 2005

4-H and Youth Development



ED HORNING, CENTRE COUNTY EXTENSION EDUCATOR
RECOGNIZED (*Robert Lewis*)

In the July issue of *Town and Gown* (a Centre Region publication that features people and promotes local programs), Ed Horning was recognized for his 30+ years of dedicated work conducted with the youth and adults of Centre County. The article includes many aspects of Ed's work with the 4-H youth development program including the Grange Fair, Communities That Care and probably his favorite: the camping program. In typical Ed Horning style, he talks about how he got started and why he is still at it. "I was involved with 4-H growing up, so I thought I'd give it a try for a couple of years, He remembers, "And 30 years later, I guess I'm still trying it!" We are too! It's people like Ed Horning and YOU who make the 4-H youth development program have such a positive impact on so many citizens in Pennsylvania. Thank you.

People don't really care how much you know until they know how much you care. (Cavett Robert)

NORTHEAST REGIONAL LEADERS FORUM 2005 (*Christy Bartley*)

The 2005 Northeast Regional Leaders Forum will be held September 29-October 1, 2005. Thursday evening activities will begin after dinner and be a time for conference participants to get to know each other. Workshops will conclude on Saturday at 4:30 PM. The focus of the forum is on science, engineering, and technology. Teams of youth and adults from each Northeast state are to attend the forum and return to their state to share information. At this time, a maximum of three teams per state can attend with additional teams being accepted if all the states do not use their three slots. Information on the forum can be found at www.cce.cornell.edu/4h. The schedule and tour and workshop options are listed. If you would like to send a team, contact Christy at cek4@psu.edu. Although registration is to be done on-line and individuals are responsible for making their own room reservations, Christy must confirm team member participation. Registration deadline is August 29. In Pennsylvania, teams may consist of 1-2 adults and 2-3 youth with a maximum of 5 individuals per team. If youth are not available to participate, we may send a team of adults, but the team must recruit youth to assist with the sharing of information once they return from the forum. If you have conference questions, contact the individual identified on the web site. If you have questions about Pennsylvania teams, contact Christy at cek4@psu.edu.

In this issue:

- Ed Horning recognized
- Northeast Regional Leaders Forum
- Free curriculum material
- Youth development libraries
- A-100's—It's that time of year
- 2005 4-H State Days
- National 4-H Week
- Pennsylvania 4-H Capital Days
- Fit Source
- When some are new

FREE CURRICULUM AVAILABLE (*Christy Bartley*)

Cabot Creamery of Vermont has developed a classroom kit for K-8 youth to learn more about agriculture, particularly the dairy industry. The kit includes two videos: *Beyond the Bovine: Jobs On and Off the Farm* and *Why School Matters* and *Moo2You* (information on the milk food group and how milk and cheese are produced). There is also a K-8 activity book. This material is free while supplies last and can be ordered at www.cabotcheese.com.

YOUTH DEVELOPMENT LIBRARIES (*Claudia Mincemoyer*)

National Youth Development Information Center Library. This ever-growing, searchable, database currently contains over 1,000 abstracts of youth development reports, journal articles, and other documents. It also provides information on who to contact to acquire each document.

http://www.nydic.org/nydic/library/publications/pub_search_form.cfm

Virginia Beall Ball Library. The Virginia Beall Ball library is a nationally recognized youth development library. The Web catalog was created a few years ago to allow youth workers to discover and request items online. The 9,000-title collection of books, videos, curricula, journals, and audiotapes cover youth and child development, nonprofit management, developmental assets, fund raising, youth ministry, education, and more. To use this excellent reference go to: www.iyi.org/library.

A-100'S--IT'S THAT TIME OF YEAR AGAIN! (*Lydia Everhart*)

September 15 is just around the corner, which means annual A-100 report time. Please take this opportunity to make sure that your clover counter records are updated and all data has been entered so that when the A-100 program is released you can complete your report with ease. Points to remember:

- Please make sure that the Other Youth Served Category is only used for those presentations that do not fit the criteria of the seven delivery modes
- Please make sure that your projects are listed under the proper state codes, this helps everyone at the state level with reporting
- Please make sure that all your numbers **Match** where they are supposed to on the various pages; this will save a lot of time and phone calls
- Please remember to send your cost recovery check in with your report
- Be sure to send me a copy electronically with all three databases (Projects, People and the A-100 report), and send two hard copies to my office address at 416 Ag administration Building

2005 4-H STATE DAYS "SERVICE WITH A PURPOSE DAY" (*Lydia Everhart*)

Congratulations to all State Days participants for a very successful "4-H, Service with a Purpose Day." This year we helped out 18 different organizations with our service projects. The following are statistics from this day:

- We prepared and completed 1,000 Pinwheels for Meals on Wheels Favors
- We prepared and completed 500 bats and scarecrows for Area Agency on Aging
- We painted two livestock barns at the Centre County Grange Fair
- We made 40 starter kitchen baskets at Bakers Lend a Humane Hand. These baskets went to the American Red Cross, Strawberry Fields, Catholic Social Services and the Women's Shelter
- We completed 100 bags, and prepared 300 bags for Operation Christmas
- We wrote 125 letters to our service men and women
- We helped clean trails at Shaver's Creek
- We helped prepare the grounds at Ag Progress Days
- We helped clean and learn about the Alpha Fire Company
- We helped improve the outdoor and indoor facilities at Our Lady of Victory Schools, Strawberry Fields, The Village at Penn State, Boal Mansion and Chapel, and the ARC
- We spoke with and played games with residents at Brookline
- We helped the Good Will Industries organize their donations

No man becomes rich unless he enriches others. (Dale Carnegie)

NATIONAL 4-H WEEK MARKETING MATERIALS AVAILABLE (*Christy Bartley*)

National 4-H Week, *Make the Connection*, will be held October 2-8, 2005. The marketing materials developed by National 4-H Council can be found at www.4husa.org. Click on the National 4-H Week 2005 logo on the left hand side of the page. When you enter the National 4-H Week web site, you will find templates for book marks, placemats, posters, and brochures. Talking points and interview tips for developing news releases, wording for proclamations, and much more are all at the site. Take the time to pull off what you need to make your celebration a success. Also, remember these resources for Pennsylvania 4-H Week, March 12-18, 2006.

PENNSYLVANIA 4-H CAPITAL DAYS--APRIL 23-25, 2006 (*Lydia Everhart*)

The Pennsylvania 4-H Capital Days Event will held April 23-25, 2006 in Harrisburg Pennsylvania. Registration for this event will open January 15 and close on March 1. All Information for advertisement to your members and registration for this event can be found at <http://pa4h.cas.psu.edu/Activities/CapitalDays.html>.

FIT SOURCE (*Claudia Mincemoyer*)

The HHS Child Care Bureau is pleased to announce the launch of Fit Source--an interactive Web site for child care and afterschool providers looking for resources to help address the nation's childhood obesity epidemic. The site allows providers to easily search for a variety of physical activity and nutrition resources by age, topic, and keywords. Providers will find: games and activities, lesson plans, healthy recipes, information for parents, fitness campaigns, funding strategies, informational resources, and Spanish language Web sites. The site links to existing federal resources, and was developed after receiving input from over 100 child care providers about their needs. Fit Source is found on the National Child Care Information Center's Web site at <http://nccic.org/fitsource>.

WHEN SOME ARE NEW (*Anne Heinsohn*)

A new school year brings more than a new classroom and a new teacher for some children. The first day of school may also include a new after-school program. Such a double dose of "newness" can be disconcerting for the children new to the program.

Care providers, teachers, club leaders and other youth workers use a variety of strategies to help both "new" and "old" children ease into the group. Many of these are the tried and true such as name badges (in large print) and name games. Name badges help everyone learn names and games encourage calling each person by name. Care providers, as busy as they are in the first days, can help "new" children feel accepted just by addressing them by name.

Assigning an "old" child to each "new" child can work well for both children and the group. The assigned buddy shows the child around the facility pointing out rest rooms, the playground and where to put coats. The buddies can use a posted copy of the program schedule to explain about choosing activities, when to expect snack time or homework time and all of this from a child's point of view. If new children have questions they may be more likely to ask their buddy rather than one of the adults.

There is comfort and security in knowing what is going on and what will happen when. The more the "new" children learn about their new program the more comfortable they will feel. They'll be comfortable in the group and ready for a good experience.

The 2005 4-H calendar can be found at <http://pa4h.cas.psu.edu>

CALENDAR

4-H Capital Days

April 23-25, 2006 -- Registration opens January 15 and closes March 1

April 15-17, 2007 -- Registration opens January 15 and closes February 25

4-H State Achievement Days

August 1-3, 2006 -- Registration opens June 1 and closes July 5

July 24-26, 2007 -- Registration opens June 1 and closes July 5



Robert B. Lewis, Professor
Agricultural & Extension Education

In Consultation with
4-H & Youth Development Faculty & Staff

This publication is available in alternative media on request.

Penn State encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please contact Robert Lewis (814-865-6551) in advance of your participation or visit.

The Pennsylvania State University is committed to the policy that all persons shall have equal access to programs, facilities, admission, and employment without regard to personal characteristics not related to ability, performance, or qualifications as determined by University policy or by state or federal authorities. It is the policy of the University to maintain an academic and work environment free of discrimination, including harassment. The Pennsylvania State University prohibits discrimination and harassment against any person because of age, ancestry, color, disability or handicap, national origin, race, religious creed, sex, sexual orientation, or veteran status. Discrimination or harassment against faculty, staff, or students will not be tolerated at The Pennsylvania State University. Direct all inquiries regarding the nondiscrimination policy to the Affirmative Action Director, The Pennsylvania State University, 328 Boucke Building, University Park, PA 16802-5901, Tel 814-865-4700/V, 814-863-1150/TTY.