



# Around the State in 4-H

College of Agricultural Sciences

July 2005

4-H and Youth Development



## 2004-2005 4-H FUNDRAISING (*Michael Martin*)

Congratulations to everyone who supported 4-H during the past fiscal year. Together, we received \$315,250 to support 4-H locally and statewide. We raised over one-half million dollars in the past two years. New endowments have also been created to support:

Adams County 4-H Endowment  
 Clarion County 4-H Memorial Endowment  
 Samuel M. & Joan B. Curtis 4-H/FFA Award Endowment  
 Franklin County 4-H Endowment  
 Eugene and Carol Schurman 4-H Endowment for Indiana County  
 Luzerne County 4-H Endowment  
 McKean County 4-H Endowment  
 Venango 4-H Livestock Program Endowment

For more information about how to support your favorite 4-H program, please contact Michael Martin at 405 Keller Building, University Park, PA 16802; 814-863-2754; or email [mmartin@psu.edu](mailto:mmartin@psu.edu).

## NORTHEAST REGIONAL LEADERS FORUM (NERLF) (*Christy Bartley*)

NERLF is scheduled for September 29-October 1, 2005 in Ithaca, NY at Cornell. The theme is Science, Engineering, & Technology. Each state is permitted to send 3 teams of leaders & teens (4 or 5 per team). Teens must be 14 years of age or older to attend. The forum workshops will be divided into three tracts--Where's the Science?, What's Technology?, and Whose An Engineer & How's Your Math? Additional information will be distributed as it is available.

## 2006 FARM SHOW (*Christy Bartley*)

Some exciting changes are coming to Farm Show. The 4-H youth development booth will be right across the aisle from the College of Agricultural Sciences at Penn State. We will be working with graphic artists and other College staff to pull the two booths together for a stronger presence for both 4-H and the College. The regional rotation has Southwest Region staff assigned to supporting the 4-H efforts at Farm Show. In addition, 4-H youth development has two time slots for presentations at Farm Show—Saturday, January 7 from 2:00-3:00 PM and Monday, January 9 from 3:30-4:30 PM. As you identify youth to go to 4-H State Achievement Days to do presentations and demonstrations, please tell them about this additional opportunity. If you have youth interested in presenting at Farm Show, send their name and the title of their presentation/demonstration to Christy Bartley, [cek4@psu.edu](mailto:cek4@psu.edu). Also designate which day will work best for the 4-H member. Registrations are due by November 1.

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#### 4-H FOOD LEADER GUIDE VIDEO, THIRD (2005) EDITION (*Jan Scholl*)

Your county office should now have a copy of the 2005 edition of the 4-H Food Leader Guide video. The video includes the new food guide pyramid and the information that can be used to train leaders on the 4-H foods projects available at the state level. Both the food preparation flash cards and the kitchen equipment flash cards are included. The curriculum innovation grant that paid for the video tapes covered only enough for one per county. Feel free to make copies for your leaders and let them know of the change as some leaders have copies of the video from the 1997 and 2002 editions. The EFNEP/NEP office used their funds to provide the food guide pyramid segment to the staff on CD Rom. The food guide pyramid publication we purchased from Michigan is now being revised. Check e-mail for the availability of insertion sheets to put in the foods projects to update the old information.

#### SETTING GOALS (*Christy Bartley*)

It is the time of year when extension educators begin thinking about their program goals for next year. As 4-H youth development educators, we are in the midst of busy summer programming but know there also needs to be consideration and reflection on what can and should be done during the coming year.

One goal the state level program has been making efforts to support is the recruitment of more volunteers. We know that more youth cannot be reached without the volunteers to assist. A radio campaign for volunteer recruitment ran earlier this year across the state. A new 4-H youth development informational brochure has been developed for county use. A new display will be available for purchase shortly. We are building connections with individuals on the state level who work with families living in low-income housing and with National Guard and Army Reserve families with deployed family members. We are building connections with the PA Department of Education and the Department of Health. All of these groups have connections to adults who are very interested in helping youth succeed.

We are also asking extension educators to challenge volunteers beyond the county level. Some may want to be involved in regional activities, serve on curriculum committees, or even become involved in state and national events. Research has shown that some volunteers continue to stay involved because they are challenged and learn through their volunteer experiences. In addition, orientation and training outlines are being developed for volunteers. These outlines will provide information on resources available, web sites, evaluation, and methods for introducing volunteers to the information they need to know to be successful. The final design for orientation programs will be up to the educator, but they will have easier access to materials needed.

Another goal the state level program has been supporting is efforts to record impact of the program on youth. Both Danny Perkins and Claudia Mincemoyer have developed the Life Skills for Everyday Living survey to assess impact in five life skills areas: communication, decision making, problem solving, critical thinking, and goal setting. Assessment tools have been developed for both younger and older 4-H youth. On August 22, Danny and Claudia will host a Professional Development Meet Up call on the life skill surveys and the new web site developed to support them. An email has previously been sent providing details. You may register for the call by emailing Debby Mayes at [dvm3@psu.edu](mailto:dvm3@psu.edu). Remember, we are asking all counties to have 10% of their 4-H members complete the survey. The county receives a report specific to the county program and, on the state level, the data are aggregated to provide a broader picture of program impact.

Yes, we can find barriers to completing these goals, but they are an important part of moving the Pennsylvania 4-H Youth Development Program forward. We therefore need to keep our determination in striving for the goal and continue discussing ways to move those barriers.

## STATE FASHION REVUE (*Jan Scholl*)

The state fashion revue will be during Achievement Days on July 27 at 8:00 PM in Eisenhower Auditorium. It is important for the audience to come 10-15 minutes early. The doors will close at 8:00. We look forward to seeing you there!

## PREPARE FOR FALL REPORTING (*Christy Bartley*)

Summer is a very busy time of year for youth development work. Many extension educators are planning and running programs for a wide variety of youth. Now is the time to be placing these youth enrollments into Clover Counter. Remember, Clover Counter keeps a record not only of 4-H club members, but also youth who are reached through many delivery modes. Youth receiving six or more hours of educational opportunities through extension may be recorded in one of the delivery mode categories. Youth receiving less than six educational hours may be recorded as other youth served. For more information, refer: <http://pa4h.cas.psu.edu/EEonly/QualityStandards.pdf>. All educators may use group enrollment forms for their programs. As a 4-H youth development educator, your expertise is needed to support the enrollment process by answering questions and providing direction. By ensuring that data are accurately entered as educational programming occurs, the extension office will be ready to complete the A-100 program when it is released in mid-August.

## DEVELOPING YOUR 2006 PLAN OF WORK (*Christy Bartley*)

One of the College's strategic initiatives focuses on increased enrollment, including increased enrollment in 4-H youth development programs. Earlier this year, a meeting of the Extension Leadership Team and others focused on this strategic initiative. As a result of that meeting, a logic model for including enrollment into your plan of work was developed. The logic model combines items from models that are already posted in the CASPAR system. By bringing the items together in one logic model, you have the opportunity to see a total picture for planning. There are also suggested goals. The logic model was presented to the YPCC Advisory Committee at its June meeting. This logic model may be found at: [http://pa4h.cas.psu.edu/EEonly/Enroll\\_Logic\\_Model\\_final.doc](http://pa4h.cas.psu.edu/EEonly/Enroll_Logic_Model_final.doc)

## CHILDREN, GROUPS AND NOISE (*Anne Heinsohn*)

Children make noise and groups of children can produce high noise levels. This is a normal consequence when children are engaged in active play. While noise is expected during a variety of activities, it can escalate to a point where it becomes counter productive. Children shout to be heard and soon it's all noise.

Teachers, leaders and caregivers become frustrated when they cannot be heard. Unfortunately, when voices are raised, shouting quickly becomes screaming. Adults screaming at children? Clearly, this is inappropriate. Noise levels can be adjusted indoors and outdoors. The idea is to prevent the happy shouts of children from leading to adults screaming to get the group's attention.

Sound can be reduced indoors by including some fabric furnishings such as curtains, wall hangings and rugs in parts of a large room. Small rugs and pillows for seating work well in areas used for reading or board games. It also helps to limit the use of videos and TV. Leaders can devise ways for children to know when to lower their voices and listen to the leader both indoors and outdoors. These include hand or arm signals perhaps in combination with a party noisemaker or a bell. When the closest children hear signal noise and see the leader's raised arm, they raise their arms too. With practice the shouting will gradually diminish as all arms are raised.

Noise levels are a challenge but dealing with them in a variety of ways is important for both children and adults. It will reduce frustration and enhance the experience for everyone.

“Obstacles are those frightful things you see when you take your eyes off your goal.” – Henry Ford

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The 2005 4-H calendar can be found at <http://pa4h.cas.psu.edu>

*Robert B. Lewis*

Robert B. Lewis, Professor  
Agricultural & Extension Education

In Consultation with  
4-H & Youth Development Faculty & Staff

This publication is available in alternative media on request.

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