



Around the State in 4-H

College of Agricultural Sciences

March 2004

4-H and Youth Development



NATIONAL STATEMENT TO DESCRIBE 4-H *(Christy Bartley)*

National 4-H Headquarters, working with the 4-H Leadership Trust, has developed a statement that can be used to describe 4-H nationally. The statement, **4-H is a community of young people across America who are learning leadership, citizenship, and life skills**, can be used to consistently describe 4-H. As you develop brochures, program materials, and other items consider using this statement to provide a uniform 4-H message.

4-H DEVELOPMENT OPPORTUNITIES *(Michael Martin)*

Many people have asked how they can make a gift to a specific 4-H project/activity fund/endowment. To help you make a gift to the 4-H fund of your choice, here is a list of current 4-H spending accounts and endowments. Please send your check payable to Penn State to the Office of Outreach Development, Penn State University, 508 Keller Building, University Park, PA 16802. I invite you to contact me for assistance with a gift via payroll deduction to support your favorite 4-H activity or fund.

If you have any questions about these funds, or other gift opportunities to support the Pennsylvania 4-H youth development program, please contact me at 814-863-2754 or mail to: mmartin@psu.edu.

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Allocation Code	Allocation Description
ETXPL	Lancaster-Poland 4-H Exchange
ETXAD	4-H Achievement Days - Spons
ETXA4	4-H Achievement Days - Schps
ETXW4	4-H Citizenship Washington
ETXNC	National 4-H Conference
ETXLP	4-H Livestock Program
ETXHT	4-H Horticulture Teams
ETXHP	4-H Horse Program
ETX4H	4-H Activities
ETXDP	4-H Dairy Program
ETXAP	4-H Small Animals Program
ETXFH	PA 4-H Annual Fund
ETXPP	4-H Poultry Program
ETXFS	Farm Safety Quiz Bowl

ENDOWMENTS

ETXCY	Centre County 4-H Endowment
ETXCD	Dauphin County 4-H Endowment
ETXCE	Clarion County 4-H Endowment
ETXAC	Armstrong County 4-H Endowment
ETXBK	Al & Rh Baker Mem 4-H Schp
ETXTR	4-H Therapeutic Ridng End/Ag End
ETXPE	Potter County 4-H Endowment
ETXL4	Lehigh County 4-H Endowment
ETXLE	4-H Volunteer Leader & Ed End
ETXFJ	4-H Livestock Judging Teams
ETXFE	4-H Enhancement Fund
ETXCH	Carroll Howes 4-H Fund
ETXCP	4-H Camping Fund
ETXMY	4-H/Youth Curriculum Innov Fund
ETXAF	PA Ext 4-H Agents Fund
ECASE	Snyder County 4-H Endowment

COLLEGE OF AGRICULTURAL SCIENCES 4-H MEMBER RECOGNITION AWARD (*Christy Bartley*)

These recognition forms are due April 1, 2004. Blank forms may be found on the 2004 4-H Youth Development CD and on the web at <http://pa4h.cas.psu.edu/exteduc.html>. One application per county is accepted. Recognition of youth occurs at the opening assembly for 4-H State Achievement Days. Take the time to recognize those who have worked hard to make the best better.

NEWS FROM THE LEISURE EDUCATION COMMITTEE (*Claudia Mincemoyer*)

4-H Outdoors Adventures Curriculum. The Leisure Education Curriculum Committee recommended to the Curriculum Management Team that we purchase the new 4-HCCS Outdoor Adventures Series. The recommendation was approved and we will have the series in late-summer 2004. The series includes three Youth Guides (Take a Hike, Pitch a Tent, and Hit the Trail) and a Helper's Guide. Staff from Shaver's Creek led the national design team who developed this curriculum and agreed to provide staff and volunteer training on the use of the curriculum. We have tentatively scheduled September 13-14, 2004 for the curriculum training, which will be held at Shaver's Creek/Stone Valley. A grant from the Outreach Partnership Fund may fund the training. Watch for details later this spring.

4-H Residential Camp Survey. The Leisure Education Curriculum Committee will be surveying all extension educators about their involvement in and perceived impact of the 4-H Camping Program. The survey will be conducted on-line and will be announced in late-April. A statewide survey of all youth attending 4-H camp will also be distributed in May for use this camping season. Each camping group will have the option of having youth complete the survey while they are at camp or sending it to youth after they return home. The purpose of this survey is to document the impact that 4-H camp has on the youth and counselors who attend.

FOUR-H FORESTRY FIELD DAY ON TAP (*Sanford Smith*)

Pennsylvania's 4-H Forestry Field Day is May 8, 2004, from 9:30 am–3:00 pm at Laurel Haven Conservation Education Center, Julian, PA. This event is open to all 4-H'ers who have taken, or are planning to undertake, any 4-H forestry project. There is a "Beginners Option" for younger 4-H'ers (ages 8-11) and an "Invitational Option" for older youth (ages 12-18). All adults and 4-H volunteers are welcome to attend.

Participants signing up for the Beginners Option will explore tree identification, compass use, and tree measurement, which are all components of the *Trees + Me = Forestry* 4-H project. This is non-competitive, educational, and fun. No advance study required.

Four-H'ers in the Invitational Option will participate in a forestry knowledge and judging contest. A handbook with everything needed to know for this Invitational Option is available through your Cooperative Extension Office or as a download at the web site listed below. The top four teens will go on to participate in the National 4-H Forestry Invitational.

There is no fee for this event, but all youth and adults planning to attend should sign up through their County Cooperative Extension Office. Participants must bring their own sack lunch and drink, and everyone is encouraged to dress for field conditions. Additional information, directions to the event, and a downloadable version of the Invitational Option project book can be found on the event web site: <http://pa4h.cas.psu.edu/forestryfd.html> The sign-up deadline is May 3, 2004.

2004 STATE ACHIEVEMENT DAYS (*Lydia Everhart*)

Theatre and Visual Arts Component

Lights, Camera, Action!! This year's Theatre and Visual Arts non-competitive session will take youth into a television production studio where they will be able to work in the control room, use the cameras, and be involved in editing and production. They will also take photos of various contests and help produce our first "State 4-H Achievement Days Souvenir Video" to be shown at the awards assembly.



These members will have a great opportunity to experience various career options that take place in a television studio, including being a news anchor. They will be able to interview other members and come up with news stories that revolve around State Achievement Days. This is great for members involved in theatre arts and photography projects but not limited to them. However, delegates need to be serious about working on this project and learning. Those participating in this venue cannot be in any other contest as this is their event. If you have youth that are participating in this event, and they or your county office have a digital camera they can use during State Days, let us know.

If anyone has any questions regarding this component of State Achievement Days please contact Nancy Kadwill (nmk1@psu.edu) or Lydia Everhart (lak146@psu.edu).

Talent Competition

The 2004 4-H State Achievement Days will be having a talent component as part of the events this year. This will be a competitive event with first and second place performances receiving plaques. Please read the following sequence of events.

Eligibility/Requirements

1. Talent show entries must submit videotapes of their performances by June 1, 2004. To participate in the talent show, members must also be involved in another activities week event.
2. The video submitted must show the actual selection that will be performed so appropriateness of the material can be judged. Although not required, it is suggested that material have a positive or motivational message. Contestants will be notified by the end of June if they were selected to perform at State Achievement Days
3. Prior to activities week, a three-judge panel will review the videos submitted and select finalists based on the number of time slots available for performances at the general sessions. All applicants will be notified as to whether they have been selected to perform.
4. On Tuesday afternoon, all contestants will report to Eisenhower Auditorium between 3 p.m. and 5 p.m. Participants must wear appropriate attire for auditions and shows. Following sound checks, stage set-ups and equipment checks, the actual contest will take place.

Performances

Each finalist will perform during one of the general sessions and the talent show results will be announced at a general session on Thursday morning.

Please start advertising this event to the youth in your county. This will be a great opportunity for those who have talent to share. Entry blanks can be found at <http://pa4h.cas.psu.edu/SAD/statedays.html> . If you have any questions regarding this event please contact Lydia Everhart at 814-863-7873.

4-H AFTERSCHOOL (*Claudia Mincemoyer*)

We received preliminary notification that our 4-H Afterschool grant proposal was funded by USDA's Engaging Youth, Serving Communities (EYSC) Rural Youth Grant project. Initially, these funds only supported youth-adult partnership programming. This grant was administered by Nicole Webster. The call for proposals was expanded this year to include 4-H Afterschool programming. We will receive funding for a 4-H Afterschool Training Conference as well as county 4-H Afterschool Resource Toolkits. The resource kits will include promotional resources, a portable display, sample curricula, resource guides and more! More details will follow as we receive complete information regarding the details of the grant.

PENNSYLVANIA EDUCATOR JOINS NATIONAL WORKING GROUP (*Christy Bartley*)

Tom Maloney, Penn State Cooperative Extension--Bradford County, has been selected as a member of the 4-H Science and Technology Working Group. The purpose of the group is to develop a national strategy for 4-H that focuses the program on innovative approaches, new resources, and a clear articulation of 4-H's unique contribution in science and technology. Tom will attend a working group meeting in March and will be able to share more information about the work they are doing. Congratulations, Tom, on your selection.

DEADLINE FOR FASHION REVUE RIBBON ORDERS (*Jan Scholl*)

The deadline is May 1 to order Fashion Revue Ribbons for your regional revues. The form is on the 4-H FCS web-page, under "Fashion Revue." E-mail or send a copy both to me **and** to Lydia Everhart (who will be sending the ribbons to you directly). Thanks for your help in meeting this deadline. (We can't guarantee you will receive the ribbons on time if you miss the date!)

TEENS AND JOBS: TOO MUCH OF A GOOD THING (*Anne Heinsohn*)

Millions of teens have jobs during the summer and also during the school year. Such work is viewed as a good thing. Teens want the money and adults view it as preparation for adulthood since a job is an opportunity to practice time and money management.

From time to time researchers have warned that school year jobs can become too much of a good thing. Working more than 15 to 20 hours per week has been shown to have a negative impact on school performance. Teens who work 30 or more hours a week during the school year tend to be more aggressive, get too little sleep, are more likely to abuse drugs and develop behavior problems.

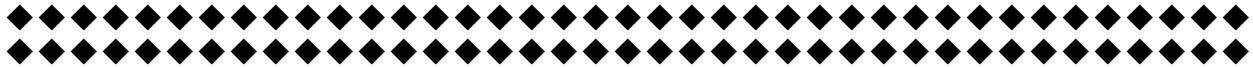
Furthermore, studies show that when teens work fewer hours the outcomes are more positive. In fact those who work a little, i.e., 1 to 5 hours per week--perhaps confined to the weekend, tend to have a better balance of school and work. Their school work benefits because they must manage their time, but time devoted to work is a smaller portion of the total so they can get adequate sleep.

It would seem that parents of teens need to monitor the amount of time teens devote to jobs. There is no magic here except that fewer work hours are better. Finally, the goal is to find the appropriate balance for individual teens. In this way jobs can be a good, positive experience for teens.

MARCH IS WOMEN'S HISTORY MONTH – TEST YOUR KNOWLEDGE (*Patreese Ingram*)

The 2004 theme of the National Women's History Project, "Women Inspiring Hope and Possibility," celebrates the hope and sense of possibility that comes to our lives from the inspirational work of women. Hope comes in many forms from laws challenged and changed, new medical research, stories of compassion and courage, and watching women stand tall against great odds.

Go to www.nwhp.org to test your knowledge of the eight 2004 honorees. For an additional challenge, test your Women's History I.Q. at <http://www.nwhp.org/tlp/quiz/quiz.html>



The 2004 4-H calendar can be found at <http://pa4h.cas.psu.edu/cal2004.html>.

Robert B. Lewis

Robert B. Lewis, Professor
Agricultural & Extension Education

In Consultation with
4-H & Youth Development Faculty & Staff

This publication is available in alternative media on request.

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