



Around the State in 4-H

February 2008

4-H Youth Development

GROW

Resilient Children and Youth



PENNSTATE



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Program of
the College of
Agricultural
Sciences

February

March In-service the Place to Be

-by *Christy Bartley*

Have you signed up for the many staff development opportunities at March in-service? On



Tuesday, March 4th we are emphasizing the 4-H mission mandate, Science, Engineering, and Technology (SET). Join us for a day of introduction to the new energy curricula and educational kits, the art & science of beekeeping, embracing technology and engaging youth, sports fishing, and hunting and ethics. In addition, on March 5th, you have a chance to participate in discussions on the next steps after the 4-H program review. Small groups will work to provide ideas on how to put into action some recommendations of the review team including quality indicators, staff development, focus on youth development, growth goals, staffing, curriculum focus, etc. Be a part a discussions and learn about new projects to take back to local leader trainings. I'm looking forward to seeing all of you. The registration deadline is February 13th.



MARK YOUR CALENDARS:

The 2008 4-H Calendar can be found at:

<http://pa4h.cas.psu.edu>

Future Dates to Remember and Mark Down

- ◆ **4-H Leadership Conference February 15-17, 2008**
- ◆ **Baker Scholarship Due March 1, 2008**
<http://pa4h.cas.psu.edu/118.htm>
- ◆ **PA 4-H Week—March 16 - 22, 2008**
- ◆ **College of Ag Sciences 4-H Member Recognition application due April 1, 2008**
- ◆ **4-H Capital Days April 13-15, 2008**
- ◆ **4-H Wildlife Field Day**
Saturday, April 26, 2008, @ APD Site near Penn State, Rock Springs, PA
- ◆ **4-H Forestry Field Day**
Saturday, May 10th, 2008 @ Laurel Haven Conservation Education Center, Juilan, PA (10 miles west of State College, PA)
- ◆ **Penn State Conservation Leadership School**
(For High School Students)
Session 1: June 22-28, 2008, Penn State
Session 2 : July 6-12, 2008, Penn State



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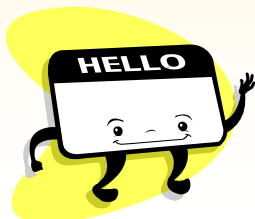
Groovin' Into February!

By Jackie Bruce and Mya Rushton

Thank you to all the educators and county staff who have worked on registering youth for the upcoming State Leadership Conference, February 15-17, 2008. We have broken our attendance record once again and thank you all for your participation and willingness to foster leadership skills within your organizations. Please pass on a special thanks to all the volunteers who are graciously giving their time and efforts to the youth of Pennsylvania by serving as chaperones for the weekend. As we draw closer, we need to send last minute reminders to you.

- ❁ Dress Code- Please remind all delegates and chaperones of the dress code for the event (you can reference a copy in the registration packet you received). Friday night, everyone is welcome to wear the conference t-shirt, however the rest of the weekend is business casual and the dress code will be enforced. Delegates seen not in appropriate dress will be asked to change.
- ❁ Medical Forms- Please send a SIGNED medical form with each delegate (or you may fax them to us ahead of time). Without these medical forms, we can not check in delegates.
- ❁ Code of Conduct and Photo Release-During the registration process you checked a box that let us know you have these documents on file in your respective offices. PLEASE DO NOT send them with your delegates, this creates paperwork pandemonium!
- ❁ Service project donations will be collected Friday night throughout registration. Please remind your delegations to bring their pop tops and silver coins!

Again, thank you all for your support of this program! Your time and effort and especially your patience as we worked our way through c-vent is very much appreciated. See you all at Groovin' into Leadership!!



From the Field:

Ideas for Using the Health: First Aid in Action (I0335A) Project

by Renee Williams



In the first meeting we went over cuts and scrapes. We learned how to stop bleeding and apply bandages. We then had hands-on experience when the kids bandaged each other. We also learned about choking and sprains and how to wrap various sprains. They finished by wrapping each others' ankles. We filled out a card I brought with emergency numbers for their first aid box. We also filled out together the first aid cards in the back of the project book as we went along.

At the second meeting, the Peters Township Fire Department came and did a presentation on Fire Safety. They also brought a fire truck and allowed the kids to climb in and check out the truck. After that, we did more work in the project book. We talked about bug bites, allergic reactions, and we made a bug bite paste. We talked about nose bleeds and animal bites. We filled out the first aid cards in the back of the project book together.

The third and final meeting, we had the Peters Township ambulance service come and present emergency care. They brought an ambulance, the kids sat in the ambulance, and they gave the presentation in the ambulance. They showed all the equipment, and they took questions from the kids and shared some stories with them. For the remainder of the time we set up first aid stations which the kids rotated through. One of the stations was recognizing poisons and we gave out Mr. Yuk stickers. Another station was foreign objects and the kids looked at various objects and tried to figure out how to get various things out of various body parts. Our last station was splinting broken bones and they splinted an arm and finger. They were directed to fill out the remainder of the cards for their first aid boxes.

We made first aid boxes over the three month period. For the second meeting they were to bring a box they would use for their first aid supplies. They were to fill it with the things we talked about in the first session. So, they were to bring it to the 2nd meeting with various types of band aids, an antibiotic cream, peroxide, an ace wrap, and scissors. With each meeting they were to add to it the things we talked about in that meeting.

The article was written by Renee Williams a former nurse and 4-H leader from Heart & Home 4-H Club and submitted by Pamela Paletta, Washington County 4-H Coordinator



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4-H State Potato Judging Competition a Huge Success!

Kelly M. Weisner

The 2008 4-H Potato Grading and Identification Contest was held at the Pennsylvania Farm Show on January 9. Almost 50 4-H members and 13 teams participated in this exciting contest. Participants from Adams, Bradford, Delaware, Indiana, Lehigh, and Northampton Counties tested their knowledge of spuds.

The contest is comprised of two divisions; basic and honors. Those who compete in the honors division are winners from previous years. The competitors in the basic division must test their skills at three stations. The first station is a "potato grading" station. The station is a timed event where competitors challenge to see who can grade 100 potatoes in the shortest time. Not only is quickness important, but so is accuracy. The second station is a "defect station" where competitors must accurately identify 20 different defects on 40 potatoes. The third station is a "plate" grading station. Five potatoes are put on each of four plates. Each plate must be evaluated on uniformity of size and shape and lack of defects. The plates must then be ranked in order. Two classes of plates must be judged.

Those in honors must complete three stations in addition to the basic stations. The fourth station is comprised of two more plate classes. The fifth station is estimating the weights of two large potatoes. At the sixth station the contestants must pick a Premium Pack. This means that out of 30 potatoes the 10 most uniform and defect-free potatoes must be chosen. This contest teaches and enhances life skills such as decision making, defending your answer, quickness, and observation. These skills are used for judging potatoes and are also used for judging livestock and other items in 4-H. Enhancing the use of these skills helps prepare 4-H members for future careers and activities.

There were a total of 34 4-H members in the basic division comprising 13 teams and an additional 13 4-H members in the honors division. *The first place "A" team was from Indiana County with team members Andrew Kuntz, Ashley Kuntz, Jacob Beisel, and Garrett Richardson.* The second place "A" team was from Northampton County with team members Alex Brown, Michael Marra, Nathan Pysher, and Rebecca Fehnel. Bradford County placed third with team members Adrielle Blemle, Montana Hildebrandt, Kristin Cole, and Bruce Hildebrandt. The fourth place "A" team was from Adams County with team members Heidi Benner, Natasha Zeigler, and Lindsay Zeigler. Lehigh County placed fifth with team members Janelle Stayt, Lillie Geiger, Miriam Munoz, and Trista Fulmer.

The first place "B" team was from Bradford County with team members Kimberly Knapp, Matthew Knapp, Nathaniel Knapp, and Alisha Schott. The second place team was from Adams County. Team members on the second place team are Garrison Redding, Elliot Redding, and Breanna Yager. The third place team from Indiana County consisted of Tia Jennings, Marshall Richardson, and Sean McGaughran. The fourth place team was from Delaware County; team members included Natasha Clifford, Chandler Jenkins, Lance Jenkins and Andrew McGee. One individual, Olivia Geiger, competed from Lehigh County.

In the honors division Chad Barclay from Indiana County placed first. The following exhibitors from Northampton placed second through sixth respectively, Andrew Hower, Kelvin Dewalt, Laura Dewalt, Kelly Hower, and Steven Hunsicker. Molly Lichtenwalner from Lehigh County placed seventh. From Northampton County, Amanda Fehnel placed ninth and Stephanie Compton of Indiana placed tenth.



First Place A Team from Indiana County



First Place B Team from Bradford County



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4-H State Leaders Forum Prepares 4-H Volunteers

In spite of a slippery start, the 4-H State Leaders Forum, Volunteers Build 4-H Forever, was a great success on February 1-2. Volunteers will be returning to counties with tools to run more effective club meetings, develop public speaking skills in 4-H members, manage their time, and focus on new project areas. Thanks to all who sent such a dynamic group of volunteers! The state level forum will be held again in 2010. In the meantime, you may want to recruit some of these volunteers to teach workshops at your regional forums in 2009.



Recipients are recognized for their 20+ years of volunteer service at this year's State Leaders Forum.



Attendees visit and speak with Annette Farabaugh during poster presentations on February 2nd.



Presenter Jan School, 4-H FCS Curriculum Specialist introduces the 4-H Quilt Quest Project at the 2008 State Leaders Forum.



Recipient pictured with Christy Bartley, 4-H Program Leader, receives gift for her 20+ years of volunteer service to the 4-H Program.



Attendees participate in workshop during 2008 State Leaders Forum.



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Bridges, Bridges, Bridges

by Trudy Dunham

What makes them stand? Why do they come in so many shapes? Engineers design bridges to suit the purpose they must serve, but they also try to make them beautiful. Some, such as San Francisco's Golden Gate, the Brook-



lyn Bridge, and London's Tower Bridge, are so beautiful that they have become landmarks for their cities.

The February Mission of the Month includes a hands-on activity to learn key bridge design concepts -- then opportunities to try your hand at it! First build a bridge made of

marshmallows and toothpicks, then really get into it -- participate in an online bridge-building competition!

Mission of the Month highlights a range of activities that integrate technology and one of 4-H's three Mission Mandates: Science, Engineering & Technology; Healthy Lifestyles; or Citizenship. Each mission is centered on a theme and includes activities that work across a range of programs and ages.

With Engineering Week falling in the middle of February, this is a great time to hold a discussion of engineering as a career.

Online at <http://www.cyfernet.org/4htech/mission/02-08-Bridges/>. In addition, other mission of the month projects can be found at the web site.



Window to Asian Cultures Pilot Opportunity

by Patreese Ingram

I took the liberty to volunteer our state as a pilot state for a new curriculum on Asian cultures. "Windows to Asian Cultures" has been developed by the University of Illinois Extension. The curriculum is designed for youth in grades 3 - 8, and introduces youth to the values, traditions and culture of six Asian countries: China, India, Japan, Korea, the Philippines and Vietnam. The following is some descriptive information about the curriculum.



- ◆ The curriculum is a non-formal educational tool that can be used at various settings: school enrichment, before-and-after school, youth clubs (4-H, Boys and Girls, faith-based, etc.) campsites, independent study, special events such as cultural fairs, 4-H international nights, workshops, youth conferences, and others.
- ◆ Each of the six units is composed of one introduction to the study country, four lessons, handouts and one youth evaluation tool. (NOTE: FOR THIS PILOT, EDUCATORS ARE ASKED TO COMPLETE ONE EVALUATION PER UNIT FOR THE WHOLE GROUP OF YOUTH. YOUTH ARE NOT BEING ASKED TO COMPLETE AN EVALUATION. At least one life skill is addressed for each lesson.
- ◆ It will take about 45 minutes to complete each lesson.
- ◆ The lessons are also connected to the Six Pillars of Character.
- ◆ The curriculum was developed in accordance with Illinois learning standards including social and emotional learning standards.

The deadline for piloting the curriculum and returning evaluation forms is May 30th. Clubs, schools, or others may pilot the entire curriculum or only one or more of the six units.

This is a wonderful opportunity to incorporate diversity into your youth programming and, at the same time, provide valuable feedback to the curriculum developers in Illinois. If you are serious about piloting this curriculum, please let me know. Thank you for considering this opportunity.



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America's Promise Alliance Announces the 2008 100 Best Communities for Young People: Indiana County Included in List

ALEXANDRIA, VA – The America's Promise Alliance (the Alliance) and Capital One announced the winners of the 2008 100 Best Communities for Young People (100 Best) competition which identifies cities and towns nationwide that have made the well-being of children and youth a top priority. In its third year, 100 Best spotlights those communities that find unique and effective ways to ensure their young people receive the resources necessary to stay in school and succeed.

Nearly 750 participants from more than 300 communities in all 50 states, the District of Columbia and Puerto Rico entered this year's competition. The winning communities for 2008 include cities, towns, and counties of all sizes and regions from 37 states. Of that list, 44 communities were three time winners, a first in 100 Best history.

This year's competition was the most competitive to date, with hundreds of communities submitting applications detailing a variety of innovative and effective programs. Due to a score tie between two strong communities, the Alliance selected to honor 101 communities.

"The 100 Best competition is more important than ever because it's become harder for cities and towns to focus on the needs of their children with all the challenges facing them and we see the impact of this in our dismal high school graduation rates," said Marguerite Kondracke, president and CEO, America's Promise Alliance. "These communities rose above and through their actions, remind us that there are cities and towns that are going the extra mile everyday to make sure young people reach their potential. On behalf of the Alliance, I congratulate these communities and call on others to follow their lead."



All communities that took part in the 2008 competition completed an application based upon research from the National Academies of Science, Search Institute, Academy for Educational Development, and Child Trends. This included submitting information on how their existing programs and initiatives help deliver the Five Promises—resources identified by the Alliance as being critical to the development of healthy, successful children: caring adults; safe places; healthy start; effective education; and opportunities to help others. Applicants were also asked to describe how different sectors of their community work together to help children and families overcome challenges and specific efforts and programs developed to ensure that their young people graduate from high school prepared for college and/or the workforce.

Winners and participants in the 2008 competition are also eligible for additional rewards. Every community that completed an application this year, regardless of whether they were named a winner, will be eligible to apply for \$300,000 in grants from the Alliance beginning next month. In addition, the

Alliance has teamed up with KABOOM! to give a brand new community-built playground—valued at \$70,000—to one of the 2008 100 Best winners. To qualify for the new playground, communities must be named a 2008 100 Best and a 2008 Playful City USA as part of the KABOOM! National Campaign for Play. The winner of the playground will be announced later in the year.





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Current Events:

Dear 4-H Educators and County Staff,

To register youth and adults for the 4-H Wildlife Field Day (to be held on April 26, 2008), OR the 4-H Forestry Field Day (scheduled for May 10th, 2008) is easy, and almost the same procedure for both events. Simply go to the web site for the field day that you want to register someone for (see links below), click on the green "Register" text, and use the following user name and password for either event: Username: 4H Password: 2008fieldday. **(Be sure to leave the hyphen "-" out of 4H when typing in the username, and that you go to the correct event web site that you want to register people for.)** There are no registration fees. Both events are free. Travel permission and medical forms are the responsibility of each county 4-H program, they will not be collected at the event. If you have any other questions or concerns please let me know. We hope all counties will participate this year.

Sincerely,
"Sandy" Smith

4-H and FCS Projects Support Pennsylvania Academic Standards

by *Claudia Mincemoyer*



Many 4-H projects have been compared with relevant Pennsylvania Academic Standards. Most of the comparisons are done by individual activities in the projects. Several new projects were just completed and added to the Academic Standards Web page:

<http://pa4h.cas.psu.edu/125.htm>

Take a minute and look at the Web page and the project list. These comparison charts are an excellent marketing resource for afterschool and school enrichment programs.

New Projects on Academic Standards Web Page

Exploring the Treasures of 4-H
Afterschool Agriculture: Acres of Adventure 1 and 2
Jr. Forest Stewardship Booklet
Family Fitness (compared to Math, Science, Reading and Health Standards)



State Achievement Days includes Spikes Game



The 4-H State Achievement Days program will again include a Spikes Game as a Wednesday night option. The tickets will be \$6.00. We will put a permission form on the registration web site for those who may want to participate in the seventh inning stretch or throwing out the first ball. The Spikes will play the Williamsport Crosscutters on August 6th so it will be an intrastate rivalry that 4-H members will be able to support.

Science Education for Girls



A new and exciting website has just been launched as part of an NSF funded national initiative --Great Science for Girls: Extension Services for Gender Equity in Science Through After-School Programs (GSG).

The GSG website is designed to build the capacity of after-school centers and intermediaries to deliver evidence-based programming that will broaden and sustain girls' interest and persistence in STEM (Science, Technology, Engineering, and Mathematics). You can visit the website at: <http://www.afterschool.org/gsg> Please contact EEC (Educational Equity Center at AED, 100 Fifth Avenue, 8th Floor, New York, NY 10011; Direct#: (212) 367-4572; Fax: (212) 627-0407; Email: lcolon@aed.org; Websites: www.edequity.org, www.aed.org) with any questions on this national initiative.

Speak Out Military Kids

by *Susan Smith*



Speak Out Military Kids (SOMK) is a positive youth development program that is open to both military and non-military youth 9th grade and older. SOMK builds public awareness and support about issues facing military families during mobilization and deployment while at the same time providing its youth participants with the opportunity to gain valuable leadership, research, organization, technology, and public speaking skills.

Please join us at the Hilton Garden Inn, State College, PA on Saturday, April 5, 2008. Registration deadline is Friday, February 29, 2008! Registration is limited to the first 50 youth! Contact OMK Central Office at 814-865-2264 or sjs52@psu.edu to register!



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In Consultation with
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