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## Child and Adolescent Development

Code	Title	Sale Price
S2007	Ages and Stages	\$2.40
S2008	Children & Youth: Growth and Development ( On-Line Only)	
S2010S	Children & Youth: Growth and Dev. (Spanish)	\$2.85
CATUI366	Protecting Your Children on the Internet	\$0.40
CATUI367	Bullying, What Educators Can Do About It	\$1.90
CATUI368	Bullying, What Parents Can Do About It	\$0.65
CATUI356	Understanding Adolescence, A time of Change	\$0.40
CATUI357	Understanding Adolescence, Searching for Themselves	\$0.40
CATUI358	Understanding Adolescence, The Tasks	\$0.40

### Reading Wizards: Parents and Children Reading Together

<http://resiliency.cas.psu.edu/ReadWiz/Wizard.html>

Educators only: Click on Extension Educators Only Button

- User name: harry
- Password: Potter (make sure you capitalize P of Potter)

This program provides practical information to parent through bulletins. There are two different sets of bulletins. One is designed to reach parents of children between the ages of 2 and 5 and the other set of bulletins is designed for parent of children ages 5 and 12. These bulletins include tips on how to make the most of reading time with children, as well as activities based on either Dr. Seuss or Harry Potter books, respectively.

### Ready, Set Go... Getting children ready for school

<http://resiliency.cas.psu.edu/ReadySetGo/SchlReadiness.htm>

This program involves a series of four parent bulletins. These bulletins are tools for parents of children between the ages of three and six. They are designed to assist parents in making the most of time with their children in terms of preparing them for school. Each bulletin addresses a specific area (i.e., math, science, art, and reading) and contains tips on how parents can have fun with their child while enhancing their child's skills.

### 2005, January - Behavioral Issues Toolkit: (369k PDF) Web resource URL:

<http://cyfar.cas.psu.edu/Resources.html>

This toolkit was developed to help YET staff deal with youth that bring behavioral issues with them to club meetings. The toolkit has strategies for prevention and intervention of youth with problem behaviors.

### Enrollment Materials

Code	Title	Sale Price
S2014	4-H Member Enrollment Form	\$0.30
S2015	Guide To Ceremonies	\$1.20
S2016	4-H Leader Enrollment Form	\$0.50

### Exhibit Cards

Code	Title	Sale Price
S2017	Exhibit Cards- 2.5 X 3.5	\$0.20
S2018	Exhibit Cards 4 X 6	\$0.20
S2019	Exhibit Cards 8.5 X 11	\$0.20
S2020	Exhibit Cards 11 X 14	\$0.25

### Club Management

Code	Title	Sale Price
S2035	Foc On Ldshp- Program Planning	\$0.30
S2037	Focus On Ldshp- Recreation	\$0.30
S5001	A B C's of Planning	\$2.25
S5002	Supplement To A B C's	\$3.50
S5008	How Lively is your 4-H Club	\$0.20

#### **Team building Facilitation Manual: A guide to Leading and Facilitating Teambuilding Activities**

Web resource URL: <http://downloads.cas.psu.edu/4h/TeambuildingFacilitation.pdf>

#### **Cooperation, Competition and Kids**

Web resource URL: <http://pa4h.cas.psu.edu/166.htm>

### Volunteer Management

Code	Title	Sale Price
S2040	Middle Management	\$8.90
S2050	Striking a Balance	\$0.40
S2060	Competition and Self Esteem	\$0.40
S2070	Learning and Participating	\$0.40
S2080	Adults and Kids Having Fun Together	\$0.40

#### **2004, December - Parent Involvement Plan: (144k PDF) Web resource URL:**

<http://cyfar.cas.psu.edu/Resources.html>

Similar to research on parent and family involvement in schools, research provides evidence that parent and family involvement in after-school programs increases students' achievement and success. Here are just a few of the research findings that link parent involvement to a child's success in- and out-of-school.

### Sportsmanship

<b>Code</b>	<b>Title</b>	<b>Sale Price</b>
S2090	Sportsmanship for Parents & Supporters	\$0.30
S2091	Sportsmanship Exp. For Youth Part.	\$0.30
S2092	Sportsmanship for Spectators	\$0.20
S2093	Developing Sportsmanship	\$3.00
CATUI350	Parents, Making Youth Sports a Positive Experience, SPECTATORS	\$0.50
CATUI349	Parents, Making Youth Sports a Positive Experience, ROLE MODELS	\$0.45
CATUI351	Coaches, Making Youth Sports a Positive Experience	\$0.55

### Horse

<b>Code</b>	<b>Title</b>	<b>Sale Price</b>
S3001	Keystone Recognition Application	\$0.60
S4001	Comp. Judging Card	\$0.20
S4008	Pony Height Certificate	\$0.20

### Club Member Resources

<b>Code</b>	<b>Title</b>	<b>Sale Price</b>
S5002	My 4-H Planning Guide	\$1.10
S5004	Organization L G	\$2.20
S5005	Project LG	\$2.90
S5006	Activity L G	\$1.60
S5009	Meetings Ringing Bell?	\$0.25
S5013	You-Two	\$0.20
S6003A	How To Be A Presenter	\$0.50
S6004	4-H Public Speakers Handbook	\$2.65
S6005	Portfolio Power	\$0.70
S6006	Tips For Writing A Speech	\$0.90
S6007	Learn Through Judging	\$0.30
S7002	Secretary's Book	\$1.80
S7003	Reporter's Handbook	\$3.75
S7004	Leading Songs	\$0.20
S7005	Suggestions For Club Officers	\$0.35
S7008	4-H Leader Cards	\$0.10
S7009	4-H Member Cards	\$0.20
S7010	Treasurer's Record Book	\$2.80
S7011	Reference Book for Treasurer's	\$3.90

## Promotional Resources

Code	Title	Sale Price
S7020	4-H Chargeback Bookmark	\$0.10
S8001	A Way To The Future	\$0.20
S8002	There's A Place For Adults In 4-H	\$0.20
S8003	Letter To 4-H Families	\$0.20
S8020	4-H Promotional Brochure: Head Heart Hands and Health	\$0.20
S9002	PA 4-H Facts	
S9003	PA 4-H and Youth Dev. Fund	
S9004	History of 4-H	
S9005	History of 4-H in PA	
S9006	Opportunities in PA 4-H	
S9007	4-H Alumni in PA	

## School Enrichment

Code	Title	Sale Price
S9009	School Enrichment Marketing Folder	\$2.05
S9010	4-H School Enrichment Brochure	\$0.50

## After School Programming

Code	Title	Sale Price
S9011	4-H After School Presentation Folder	\$0.95
S9020	PA Academic Standards Postcard (New for 2005!)	TBA

**2004, October - Pennsylvania After-school SNACKS Program: (58k PDF) Web resource**

**URL:** <http://cyfar.cas.psu.edu/Resources.html>

The After School SNACKS program provide reimbursements designed to encourage the use of nutritional snacks for children and youth (under age 18) participating in after school programs. This program is open to all after-school programs throughout Pennsylvania.

## Diversity Education

Code	Title	Sale Price
CAT U1355	Diversity Activities for Youth and Adults	\$0.70
CAT U1378	More Diversity Activities for Youth and Adults	
CAT U1377	Diversity Discussion Starters	\$2.25
CAT AGRS-92	Guide to Exploring African American Culture	\$10.00

## Nutrition Education

### Resources for Resource Stressed Audiences

Contact: Julie Haines, [jah15@psu.edu](mailto:jah15@psu.edu)

Code	Title	Sale Price
UK075	Pre-Schoolers' Activity Pyramid	\$0.30
UK076	The Kids' Activity Pyramid	\$0.35
UK077	Children 2 – 6 years	\$0.90
UK079	Keep on Snacking	\$0.35
UK080	Lead Poisoning	\$0.40
UK081	Picky Eaters	\$0.40
UK082	Good Times at Meal Times	\$0.40
UK083	Five a Day Coloring Book	\$1.05
UK085	The first 12 months	\$0.25
UK086	Bone Builders (Middle School Youth)	\$0.60
UK087	Are you getting enough Calcium? (Middle School Youth)	\$0.60
UK088	Filling Up on Fiber	\$0.70
UK095	Raising Vegetarian Children	\$0.70
UK112	The ABC's of Growing Healthy Kids: Brighten Up With Breakfast	\$0.70
UK113	Food, Fitness, and Fun: A Pyramid of Snacks	\$0.70
UK114	Food, Fitness, and Fun: Life in the Fast Food Lane	\$0.40
UK115	Food, Fitness, and Fun: Nutrition Fuels Fitness	\$0.40

**\*Prices Are Subject To Change, Please use these as an estimate\***

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## **Faculty/Staff Contacts for Curricular Areas**

**Animal Sciences** - (overall) Bob Mikesell, [rem9@psu.edu](mailto:rem9@psu.edu)

Dairy - Dale Olver, [dro105@psu.edu](mailto:dro105@psu.edu)

Horse - Pat Comerford, [pcomerford@psu.edu](mailto:pcomerford@psu.edu)

Livestock - Keith Bryan, [kabl24@psu.edu](mailto:kabl24@psu.edu)

Poultry - Phil Clauer, [pclauer@psu.edu](mailto:pclauer@psu.edu)

Embryology – Phillip Clauer, [pclauer@psu.edu](mailto:pclauer@psu.edu)

Small Animals – Nancy Dreschel, [ndreschel@psu.edu](mailto:ndreschel@psu.edu)

**Consumer and Family Sciences** - (overall) Jan Scholl, [jscholl@psu.edu](mailto:jscholl@psu.edu)

Family Living - Jan. Scholl, [jscholl@psu.edu](mailto:jscholl@psu.edu)

Foods and Nutrition - Jan Scholl, [jscholl@psu.edu](mailto:jscholl@psu.edu)

Intergenerational- Matt Kaplan, [msk15@psu.edu](mailto:msk15@psu.edu)

Consumer Economics - Cathy Bowen, [cbowen@psu.edu](mailto:cbowen@psu.edu), Marilyn Furry, [mfurry@psu.edu](mailto:mfurry@psu.edu)

### **Science and Technology**

Engineering Sciences - Christy Bartley, [cek4@psu.edu](mailto:cek4@psu.edu)

Computer/Web Technology – Roana Fuller, [raf16@psu.edu](mailto:raf16@psu.edu)

**Environmental Education and Earth Sciences** - (overall) Sandy Smith, [sss5@psu.edu](mailto:sss5@psu.edu)

Forest/Natural Resources - Sandy Smith, [sss5@psu.edu](mailto:sss5@psu.edu)

Plant Sciences - TBD

Entomology - Maryann Frazier, [mxt15@psu.edu](mailto:mxt15@psu.edu)

**International and Diversity** - Patreese Ingram, [pdil@psu.edu](mailto:pdil@psu.edu)

**Communications and Expressive Arts** - Claudia Mincemoyer, [cmincemoyer@psu.edu](mailto:cmincemoyer@psu.edu)

**Healthy Lifestyles Education** - (overall) Claudia Mincemoyer, [cmincemoyer@psu.edu](mailto:cmincemoyer@psu.edu)

Leisure Education - Claudia Mincemoyer, [cmincemoyer@psu.edu](mailto:cmincemoyer@psu.edu)

**Leadership and Personal Development** - (overall) Bob Lewis, [rb13@psu.edu](mailto:rb13@psu.edu)

Adult - Bob Lewis, [rb13@psu.edu](mailto:rb13@psu.edu)

Youth – Jacki Bruce, [jab743@psu.edu](mailto:jab743@psu.edu)

### **Citizenship and Civic Education**

Nicole Webster, [nsw10@psu.edu](mailto:nsw10@psu.edu)