

Conflict Management

Objectives: Participants will be able to

- ❖ Identify possible areas or situations where conflict arises
- ❖ Make positive choices when those conflicts arise

Time: 30-45 minutes

Setting: A large area where there can be an acting area and an audience area

Materials: Note pad or large Post-It pad and markers

Pre-lesson preparation: None

DO:

- ❖ When the group is together in the audience area, have them brainstorm together areas where conflict comes up (in meetings, with management, where ever they think it happens) using general terms (*no names or specifics please*). Write down their answers on the note pad or sticky note with the markers.
- ❖ Have them narrow down their choices (if necessary) to 4 or 5 scenarios.
- ❖ Ask for volunteers to come up and help demonstrate some of these situations.
- ❖ One at a time, have members of the group act out the scenarios that they selected. Have the rest of the group watching and taking notes if they want. Give each scenario about 5 minutes or so to act out the conflict or problem.
- ❖ After each group is done, bring the group back together for reflection.

Reflect:

- ❖ Why did you pick those scenes/situations?
- ❖ How did it make you feel to be acting out those parts?
- ❖ (The audience) How did it make you feel to watch those situations?

Apply:

- ❖ What can we do as a group to make sure those kinds of situations don't come up?
- ❖ What can we do as individuals to make sure those situations don't come up?
- ❖ How can we help each other if conflict does arise?